



Preliminary Schedule-at-a-Glance

Monday, April 24, 2023

5:00 p.m. - 9:30 p.m.

BASIC Diagnostic Musculoskeletal Ultrasound for the Wrist & Hand

Organizer: Albert Kozar, DO, FAOASM, R-MSK

Tuesday, April 25, 2023

7:30 a.m. - 12:00 p.m.

AOASM Sports Medicine Board Review Course

Organizers: Jason Smith, DO, FAOASM; Mark Rogers, DO, FAOASM

8:00 a.m. - 12:30 p.m.

INTERMEDIATE/ADVANCED Diagnostic Musculoskeletal Ultrasound: An Exploration of the Forearm, Wrist and Hand

Organizer: Albert Kozar, DO, FAOASM, R-MSK

8:00 a.m. - 12:00 p.m.

Fascial Distortion Model Workshop

Organizer: Todd Capistrant, DO

10:00 a.m. - 10:30 a.m.

Refreshment Break

12:00 p.m. - 1:30 p.m.

Lunch (On Your Own)

3:00 p.m. - 3:30 p.m.

Refreshment Break

1:30 p.m. - 6:30 p.m.

INTERMEDIATE/ADVANCED Diagnostic Musculoskeletal Ultrasound: An Exploration of the Forearm, Wrist and Hand

Organizer: Albert Kozar, DO, FAOASM, R-MSK

1:00 p.m. - 5:30 p.m.

AOASM Sports Medicine Board Review Course

Organizers: Jason Smith, DO, FAOASM; Mark Rogers, DO, FAOASM

1:30 p.m. - 5:30 p.m.

Fascial Distortion Model Workshop

Todd Capistrant, DO

5:30 p.m. - 9:30 p.m.

AOASM Board Meeting

Board of Directors

Wednesday, April 26, 2023

8:00 a.m. - 8:15 a.m.

Welcome to the Conference

Rance McClain, DO, FAOASM

8:15 a.m. - 9:15 a.m.

Care for the Military "Athlete"

Janelle Marra, DO; Kristin DeSantis, MD

9:15 a.m. - 10:00 a.m.

Concussion Blast Trauma

Jesse Shaw, DO

10:00 a.m. - 10:30 a.m.

Refreshment Break

10:30 a.m. - 11:30 a.m.

Russell M. Wright Memorial Lecture: G-Force Injuries in Air Force Pilots

Michael Decker, PhD

11:30 a.m. - 12:00 p.m.

Business Meeting

Blake Boggess, DO, FAOASM
Susan Rees (Executive Director)

12:00 p.m. - 1:30 p.m.

Lunch (On Your Own)

1:30 p.m. - 2:30 p.m.

Sports Performance: Protection of the Performer

Christina Donaldson, PhD

2:30 p.m. - 3:00 p.m.

Performance Arts

Becca Rodriguez Regner, DO, FAOASM

3:00 p.m. - 3:30 p.m.

Refreshment Break

3:30 p.m. - 4:00 p.m.

Cheer Medicine

Gillian Wooldridge, DO;
Nicole Fremarek, DO

4:00 p.m. - 5:00 p.m.

LGBTQ+

Patrick McLendon, DO

5:00 p.m. - 7:00 p.m.

Poster Session | Welcome Reception

7:00 p.m. - 9:00 p.m.

Speed Mentoring

Organizers: Jason Smith, DO, FAOASM; Gillian Wooldridge, DO

Thursday, April 27, 2023

8:00 a.m. - 8:45 a.m.

Endurance Athlete Pearls: "Pumping" Iron as We Move

Ed Kornoelje, DO, FAOASM

8:45 a.m. - 9:45 a.m.

Concussion Update

R. Robert Franks, DO, FAOASM

9:45 a.m. - 10:15 a.m.

Refreshment Break

9:45 a.m. - 10:15 a.m.

2024 Program Planning Meeting

Program Chair: Kate Quinn, DO, FAOASM

10:15 a.m. - 11:15 a.m.

Cold Water Submersion Treatment

Habib Sadeghi, DO

11:15 a.m. - 12:15 p.m.

Allen Jacobs Memorial Lecture: Combat Acupuncture

John Biery, DO

12:15 p.m. - 2:00 p.m.

Lunch (On Your Own)

12:15 p.m. - 2:00 p.m.

Student/Resident/Fellow Luncheon*

**Please sign up for this event only if you are a student/resident/fellow. Pre-registration is required to attend this event.*



Preliminary Schedule-at-a-Glance (Continued)

2:00 p.m. - 3:15 p.m.

OMM Breakout Session: Shoulder
Dan Lynch, DO

2:00 p.m. - 3:15 p.m.

Breakout Session: Battlefield Acupuncture
John Biery, DO

2:00 p.m. - 3:15 p.m.

Breakout Session: Gait, Structure and More - Practical Ways to Assess and Counsel Your Patients
Ed Kornoelje, DO, FAOASM

3:15 p.m. - 3:45 p.m.

Refreshment Break

3:45 p.m. - 5:00 p.m.

OMM Breakout Session: Shoulder (Session 2)
Dan Lynch, DO

3:45 p.m. - 5:00 p.m.

Breakout Session: Battlefield Acupuncture (Session 2)
John Biery, DO

3:45 p.m. - 5:00 p.m.

Breakout Session: Gait, Structure and More - Practical Ways to Assess and Counsel Your Patients (Session 2)
Ed Kornoelje, DO, FAOASM

Friday, April 28, 2023

8:00 a.m. - 9:30 a.m.

Case and Research Podium Presentations

Organizer: John Luksch, DO, FAOASM

9:30 a.m. - 10:00 a.m.

Refreshment Break

9:30 a.m. - 10:00 a.m.

Program Directors Meeting

Organizer: Angela Cavanna, DO, FAOASM

10:00 a.m. - 10:30 a.m.

Nutrition for Sports Performance

Jeff Bytowski, DO, FAOASM

10:30 a.m. - 11:30 a.m.

Fascial Distortion Model
Todd Capistrant, DO

11:30 a.m. - 1:00 p.m.

Lunch (On Your Own)

1:00 p.m. - 2:30 p.m.

OMM Breakout Session: Knee
Dan Lynch, DO

1:00 p.m. - 2:30 p.m.

Breakout Session: Sports Medicine Exam Pearls
Albert Kozar, DO, FAOASM, R-MSK

1:00 p.m. - 2:30 p.m.

Breakout Session: Fascial Distortion Model
Todd Capistrant, DO

2:30 p.m. - 3:00 p.m.

Refreshment Break

2:30 p.m. - 3:00 p.m.

Fellowship Fair

3:00 p.m. - 4:30 p.m.

OMM Workshop: Knee (Session 2)
Dan Lynch, DO

3:00 p.m. - 4:30 p.m.

Breakout Session: Sports Medicine Exam Pearls (Session 2)
Albert Kozar, DO, FAOASM, R-MSK

3:00 p.m. - 4:30 p.m.

Breakout Session: Fascial Distortion Model (Session 2)
Todd Capistrant, DO

6:00 p.m. - 9:30 p.m.

Red Carpet Event: Award of Fellow Reception

Saturday, April 29, 2023

8:00 a.m. - 9:00 a.m.

Dive Medicine
Jesse Shaw, DO

9:00 a.m. - 9:45 a.m.

Hydrodissection
Albert Kozar, DO, FAOASM, R-MSK

9:45 a.m. - 10:15 a.m.

Golf
Ken Nakasone, PT

10:15 a.m. - 10:30 a.m.

Refreshment Break

10:30 a.m. - 11:30 a.m.

Sports Performance: Workout and Recovery
Jason Huntley

11:30 a.m. - 12:00 p.m.

Sports Dermatology
Angela Cavanna, DO, FAOASM

12:00 p.m.

Conference Adjourns



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