



Pre-Conference Workshop

AOASM Sports Medicine Board Review Course For Initial Certification and Recertification

Tuesday, April 25th, 2023 • 7:30 a.m. - 5:30 p.m.*

Location: Safari (Adventure Tower)



Course Faculty:

Jason Smith, DO, FAOASM (Co-Organizer)
Mark Rogers, DO, FAOASM (Co-Organizer)
Bhavesht Joshi, DO, FAOASM
Mary Solomon, DO, FAOASM
Priscilla Tu, DO, FAOASM
Anne Marie Zeller, DO, FAOASM

Course Description:

The AOASM Sports Medicine Board Review Course for Initial Certification and Recertification will provide the sports medicine physician with an overview of the important aspects of sports medicine. Educators in each field will give in-depth, engaging, fast-paced, and high-yield lectures on board-relevant subjects in sports medicine. Each lecture will be followed by a question and answer session. Although this course is designed specifically to prepare the sports medicine specialist for the CAQ Sports Medicine Board Exam, it will also provide the practicing physician with an update on the latest knowledge and advances in sports medicine. The course will conclude with a take-home written exam with relevant questions and answers that can be used for board preparation.

Your Workshop Registration Fee includes:

- Refreshment breaks
- Workshop materials
- Up to **8.0** AOA Category 1-A CME credit hours

2023 AOASM Sports Medicine Board Review Course Agenda

7:00 - 7:30 a.m.	Registration Open
7:15 - 7:25 a.m.	Light Continental Breakfast
7:25 - 7:30 a.m.	Introductions – Dr. Smith
7:30 - 7:45 a.m.	Medical Care and Supervision of Athletes – Dr. Smith <ul style="list-style-type: none"> • Role of the Team Physician • Event Administration • Preparticipation Exam
7:45 - 8:10 a.m.	Special Considerations in Sports Medicine – Dr. Solomon <ul style="list-style-type: none"> • The Pediatric Athlete • The Masters Athlete • The Adaptive Athlete • The Female Athlete
8:10 - 9:10 a.m.	Conditioning and Training <ul style="list-style-type: none"> • Exercise Physiology – Dr. Zeller • Biomechanics – Dr. Rogers • Principles of Musculoskeletal Rehab – Dr. Rogers • Exercise Screening, Testing and Prescription – Dr. Tu • Nutrition – Dr. Solomon



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9:10 - 9:35 a.m.	Environmental Considerations in Sports Medicine <ul style="list-style-type: none">• Environmental Illness – Dr. Smith• Altitude – Dr. Rogers
9:35 - 9:45 a.m.	Refreshment Break
9:45 - 10:10 a.m.	Behavioral and Psychological Problems in Sports Medicine – Dr. Joshi <ul style="list-style-type: none">• Pharmacology• Sports Psychology
10:10 - 11:30 a.m.	General Medical Conditions in Athletes – Part 1 <ul style="list-style-type: none">• Head, Ears, Nose and Throat Injuries and Conditions – Dr. Zeller• Eye Injuries and Conditions – Dr. Rogers• Sports Dermatology – Dr. Smith• Sports Infectious Disease – Dr. Tu• Sports Pulmonology – Dr. Zeller
11:30 - 1:00 p.m.	Lunch (On your own)
1:00 - 2:00 p.m.	General Medical Conditions in Athletes <ul style="list-style-type: none">• Sports Cardiology – Dr. Joshi• Sports Neurology – Dr. Smith
2:00 - 3:00 p.m.	Injury Prevention, Diagnosis and Treatment <ul style="list-style-type: none">• Shoulder Injuries and Conditions – Dr. Rogers• Elbow and Forearm Injuries and Conditions – Dr. Tu• Wrist and Hand Injuries and Conditions – Dr. Tu
3:00 - 3:15 p.m.	Refreshment break
3:15 - 5:00 p.m.	Injury Prevention, Diagnosis, and Treatment <ul style="list-style-type: none">• Pelvis, Hip and Thigh Injuries and Conditions – Dr. Zeller• Knee Injuries and Conditions – Dr. Joshi• Lower Leg, Ankle, and Foot – Dr. Rogers• Spine Injuries and Conditions – Dr. Smith
5:00 - 5:30 p.m.	Closing Comments with Resource Review and Take-home Exam

*On Tuesday, April 25: On-site Pre-Conference Workshop registration is located in the Disneyland Hotel Convention Center, Magic Kingdom Ballroom - Upper Level from 7:00 a.m. - 8:30 a.m.



Pre-Conference Workshop

Disneyland Hotel

HOTEL FEATURES & SERVICES

- 1 Front Desk
- 2 Guest Services
- 3 Bell & Valet Services
- 4 Rose Court Garden
- 5 Adventure Lawn
- 6 Frontier Lawn
- 7 Fitness Center

SHOPPING & RECREATION

- 11 Disney's Fantasia Shop
- 12 small world Gifts & Sundries
- 13 Monorail Pool & Slides
- 14 D Ticket Pool
- 15 E Ticket Pool
- 16 Outdoor Fireplace

RESTAURANTS & LOUNGES

- 18 Goofy's Kitchen
- 19 Tangaroa Terrace
Tropical Bar & Grill
- 20 Trader Sam's
Enchanted Tiki Bar
- 21 The Coffee House

LEGEND

- Elevators
- Restrooms
- ATM
- Monorail Station
- Automated External Defibrillator



©Disney Map Not To Scale Information Subject To Change Without Notice

CONVENTION CENTER

- Lower Level (Entrance Near Goofy's Kitchen)**
- Castle A-C Room
 - Monorail A-C Room

Main Level

- Disneyland® Grand Ballroom
- North, Center, & South Ballroom
- North, Center, & South Lounge
- Disneyland Exhibit Hall

Upper Level

- Magic Kingdom® Ballroom 1-4
- Sleeping Beauty Pavilion
- A Ticket Room
- B Ticket Room

Adventure Tower

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|---------|-----------|
| Nile | Tiki |
| Congo | Safari |
| Zambezi | Adventure |
| Amazon | Outpost |
| Oasis | Explorer |

Outdoor Event Areas

- Frontier Lawn
- Rose Court Garden
- Adventure Lawn:
 - AOASM Exercise Area
 - AOASM Red Carpet Entrance ★

