



American Osteopathic Academy of Sports Medicine

SIDELINES

What's New in October 2022?

In the October 2022 edition of *Sidelines* you will find the following content:

- **President's Message**
- **Last Chance to Register for OMED 2022!**
- **SAOASM Update**
- **Featured Job Openings**
- **Journal Article Spotlight: *Clinical Journal of Sports Medicine***
- **Journal Article Spotlight: *British Journal of Sports Medicine***
- **COVID Corner**



President's Message Dr. Blake Boggess

Dear Membership,

OMED is finally here! AOASM-Second Vice Present, Kate Quinn, DO, FAOASM, has organized and planned an amazing program for us in collaboration with other osteopathic academies. If you are unable to attend due to the busy fall sports coverage season, do not worry; you can attend in-person or virtual this year. You can earn up to 50 hours of AOA or ACCME Category 1 Credit. Attend IN-PERSON and claim an *additional* 10 hours of AOA 1-A or AMA-PRA Category 1 Credit™.

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[Register Now](#)

I would also like to highlight the opportunity to purchase some cool AOASM gear. We've partnered with a Nike supplier. Please check out this amazing swag and help promote our Academy! The password to access the store is **aoasm**.

**Shop AOASM
Gear**

Password: aoasm

**Shop AOASM
Gear**

Remember to save the date for our [Annual Conference](#) at the Disneyland Hotel in Anaheim, CA on April 26-29, 2023. I look forward to seeing you soon.

Take care,
Blake Boggess, DO, FAOASM

CALL FOR ALL ACCESS ARTICLES: Interested in writing for Sidelines? Now's your chance! AOASM is looking for individuals to contribute to the All Access section of the monthly newsletter. Contact Ashley Haan (ahaan@reesgroupinc.com) if you'd like to get involved!



**There's Still Time to Register for OMED 2022!
Boston is Waiting for You!**

Use the code **DOPROUD22** and receive \$100 off your OMED 2022 Registration Fees!

View AOASM's OMED 2022 Programming below, or [click here](#) to download your copy.

The Osteopathic Medical Education Conference (OMED) is the American Osteopathic Association's (AOA) premier educational event. Presented annually, it is a conference that showcases osteopathic medicine across multiple specialties and is planned in

conjunction with AOA specialty college affiliates. It brings together the osteopathic community and provides an opportunity for attendees to obtain high-quality education, network with one another, and additionally affords the AOA the opportunity to continue to strengthen its relationship and partnership with osteopathic affiliated organizations, including colleges of osteopathic medicine.

Click [here](#) to review the preliminary program.

**Register Online
Today!**

OMED[®]22

#DOProud Experience the Distinction

Oct. 27-30 | Boston, MA | Hybrid



The Athlete Continuum: From Broken to Recovery AOASM at OMED 2022

President: Blake Boggess, DO, FAOASM
Program Chair: Kate Quinn, DO, FAOASM

Registration is Open!

- [AOA OMED Conference homepage](#)
- [AOASM OMED homepage](#)

Questions?

AOASM: info@aoasm.org
AOA: meetings@osteopathic.org

REMINDER: Don't forget to register as **SPORTS MEDICINE** on the OMED registration form!



AMERICAN
OSTEOPATHIC
ACADEMY OF
SPORTS MEDICINE

Thursday, October 27 (PM Joint Lecture: ACONP & AOASM)

4:00 p.m.-5:00 p.m.: Concussion and Sports Medicine
R. Robert Franks, DO, FAOASM

Friday, October 28 (AM Joint Sessions: AOASM & ACOPMR)

9:30 a.m.-10:00 a.m.: The Knee Exam - Simple and Complex
Kevin Noyes, DO, FAOASM

10:00 a.m.-10:30 a.m.: Musculoskeletal Ultrasound of the Knee- What, Why, When and How?
Blake Boggess, DO, FAOASM, FAFAP, FAMSSM

10:30 a.m.-11:15 a.m.: Exercise Prescription and Rehabilitation for Knee Injuries
Lisa Bartoli, DO

11:15 a.m.-11:45 a.m.: Return-to-Play Considerations and Clearance after Knee Injuries
Warren Bodine, DO, FAOASM, FAMSSM, FAFAP

11:45 a.m.-12:30 p.m.: OMT for Knee Injuries
Kate Quinn, DO, FAOASM

Friday, October 28 (PM Sessions: AOASM)

1:30 p.m.-2:15 p.m.: Management of Foot and Ankle Fractures and Conditions and RTP Considerations
R. Robert Franks, DO, FAOASM

2:15 p.m.-3:00 p.m.: Advanced Radiology of Lower Extremity Fractures and Common Conditions of the Foot and Ankle in Athletes
Jason Smith, DO, FAOASM

3:00 p.m.-3:30 p.m.: Non-operative Fracture Reduction Techniques
Rance McClain, DO, FAOASM, FACOPF

3:30 p.m.-4:15 p.m.: Radiology of Common Hand and Wrist Fractures and Conditions
Mary Solomon, DO, FAOASM

4:15 p.m.-5:00 p.m.: Management of Hand and Wrist Fractures and Conditions
Priscilla Tu, DO, FAOASM

Saturday, October 29 (Joint Sessions: AOASM, ACOPF, and ACONP)

9:30 a.m.-10:30 a.m.: A Useful Clinical Approach To Atrial Fibrillation
Joshua Yamamoto, MD

10:30 a.m.-11:00 a.m.: Stress, Anxiety, Arousal, and Burnout in Athletes
Erin Hatch, PsyD

11:00 a.m.-11:30 a.m.: Unique Patient Populations
Jesse Shaw, DO

11:30 a.m.-12:30 p.m.: Ehlers-Danlos Syndrome (EDS) and Hypermobility Spectrum Disorders (HSD) and the Co-Morbid Conditions Associated with It
Bernadette Riley, DO, FACOPF, FIRM

1:30 p.m.-2:30 p.m.: OMM and Acupuncture
Alexander King, DO

2:30 p.m.-3:00 p.m.: Mind, Body, Spirit...
Patrick Leary, DO, FACOPF, FAOASM

3:00 p.m.-3:30 p.m.: The Preparticipation Evaluation Post-COVID
Angela Cavanna, DO, FAOASM, CS, FACOI

3:30 p.m.-4:00 p.m.: What's in the Bag? - A Guide to Sideline Coverage Kits for the Team Physician
John Luksch, DO, FAOASM

4:00 p.m.-5:00 p.m.: Two-Minute Office OMT for Common Sports Injuries
Mark Rogers, DO, FAOASM, FAFAP and Jason Le, DO

Sunday, October 30 (AM Sessions: AOASM)

9:00 a.m.-10:00 a.m.: Ride the Pine or Return to Play? Return to Training and Competition Following Cardiac Events
Patrick Hohl, DO

10:00 a.m.-10:30 a.m.: Esports Medicine - The Intersection of Sports Medicine and Competitive Video Gaming
Dominic King, DO, FAOASM, FAMIA

10:30 a.m.-11:00 a.m.: Nutrition of Injury Recovery
Jeffrey Bytomski, DO, FAOASM

11:00 a.m.-12:00 p.m.: The Impact of Sleep on Recovery in the Athlete
Charles Czeisler, MD, PhD

SAOASM Update and Upcoming Events Written By: Trent Griner, SAOASM National Chair

Happy October, everyone! Fall sports are in full swing, holidays are just around the corner, and there are exciting things ahead for SAOASM! I want to begin by reminding students to register for and attend OMED either in person or virtually October 27–30 in Boston, MA. There is going to be incredible programming all weekend and great opportunities for networking with other students and with osteopathic physicians in many specialties. Lectures from AOASM will be covering a range of topics from OMT

for common sports injuries to non-operative fracture management to esports medicine and much more.

As we continue through the academic year, please make sure to be on the lookout for emails from AOASM and make sure to join our SAOASM Facebook page for updates about SAOASM events. Our Facebook page will help you stay up to date and will also be a great place to find links for our monthly webinars. We have had two outstanding webinars so far this year and we really appreciate the student attendance and engagement. Students, if you have any requests for topics that you would like to hear about during our monthly webinars, please send them to our SAOASM email (studentaoasm@gmail.com). Additionally, if you are not already registered as a student member of AOASM, please take a moment to go to the AOASM website where you will find a "students" tab. All of the information you need to sign up as a student member can be found there. As a reminder, there is no cost associated with being a student member of AOASM.

Finally, students, be on the lookout in the coming months for emails from your SAOASM Regional Representative about the SAOASM Regional Conference in your area.

As always, we at SAOASM are here for our student members, so if there is anything we can do to assist you or if you would like to share with us what your school's chapter of SAOASM is up to, please email us at the address mentioned above. I look forward to seeing you all at OMED!

Yours Osteopathically,
Trent Griner, OMS-IV, PCOM South Georgia
SAOASM National Chair

SAOASM Webpage

If there is ever anything you would like to learn about or see happen through the SAOASM, please reach out to our Executive Board at studentAOASM@gmail.com.

SAOASM Facebook Group

We love hearing from you and providing you with the best opportunities to learn and have fun in sports medicine!



CHOOSE
AOA BOARD
CERTIFICATION.

I did.

Becca Rodriguez Regner, DO, FACFP

Team USA Physician Olympic Training Site
Chula Vista, CA

AOA-board certified Family Medicine
and Sports Medicine



Featured Job Openings from the [AOASM Career Center](#)

- [Sports Medicine/Urgent Ortho](#) in York, Pennsylvania
- [Sports Medicine Physician Assistant](#) in Bloomington, Minnesota
- [Manager - Orthopedics and Sports Medicine Clinic](#) in Astoria, Oregon
- [Sports Medicine - Fellowship Program Director](#) in York, Pennsylvania

Journal Article Spotlight:

Journal Article Spotlight:

Clinical Journal of Sports Medicine

*Injuries and Concussions in Female
High School Rugby:
Prevention is Worth a Try*

**Read the Full
Article**

British Journal of Sports Medicine

*International Olympic Committee (IOC)
consensus statement on acute
respiratory illness in athletes part 2: non-
infective acute respiratory illness*

**Read the Full
Article**

COVID Corner

Clinical Journal of Sports Medicine

Post-COVID-19 Neurological Syndrome and Concussion

**Read the Full
Article**



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