



AOASM

AMERICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE

33rd Annual Clinical Conference • May 2-5, 2018
Renaissance Columbus Downtown Hotel • Columbus Ohio

“Distinctly Osteopathic Sports Medicine”

Welcome Attendees:

On behalf of the American Osteopathic Academy of Sports Medicine Executive Committee, Board of Directors, Conference Planning Committee, and the city of Columbus, Ohio, it is my genuine pleasure to welcome you to the 33rd Annual Clinical Conference of the AOASM.

This week will focus on what has historically distinguished us as osteopathic sports medicine physicians for over 30 years, as well as where our profession and association are leading sports medicine into the future. After expanding your skill sets in depth with a pre-conference course, you will experience “cutting-edge” education and research in osteopathic sports medicine in the world – with foci on structure/function, working with the homeostatic mechanisms of the body to permit healing and recovery, and how to support your osteopathic care with concepts historically outside our profession.

For our future osteopathic sports medicine physicians, we have specially focused workshops and plenty of opportunities to meet and interact with our “more experienced” members within the AOASM, to begin the lifelong relationships that are so important and fulfilling through our careers. Wednesday night will start things off with the formal Welcome Reception and poster presentations, followed by the first social gathering at Pins Mechanical Co., where professionals of all levels can enjoy a cold beverage while catching up with old friends and making new ones. Thursday is the obstacle course race – a first for AOASM conferences – and then a “speed mentoring” experience at Endeavor Brewing immediately afterward for students, residents, and fellows to mingle and network. Friday night we will induct a large group of new FAOASM fellows – a pinnacle moment in these physicians’ professional lives – followed by a more casual celebration of the conference with a Star Wars theme on the pool deck (weather permitting).

Throughout all this, I hope you enjoy and explore the city of Columbus. We have dynamic and unique cultural offerings of national-class food and drinks, art, athletics, and healthy living, all within walking distance of the hotel (or you can take the free C-Bus routes). Located on the AOASM Conference page, under the Columbus Experience tab, you will find a large list of restaurants, bars, and other activities/attractions with a great map! Feel free to also contact me anytime with any questions regarding my hometown.

Most of all, I’d like to extend my heartfelt gratitude to the entire team that helped make this happen – the members of The Rees Group (I’ve yet to work with a more professional team!); our Planning and Executive Committees; the AOASM Board of Directors; the fantastic speakers, moderators, and other volunteers; and my family and friends, many of whom are already mentioned above. Your support in converting a vision for this conference into reality is only outmatched by my thanks.

Please enjoy yourselves, and welcome to Columbus!

Faternally yours,

Shawn R. Kerger, DO, FAOASM
2018 Program Chair
American Osteopathic Academy of Sports Medicine

33rd Clinical Conference Objectives

At the conclusion of the conference, the participant will be able to:

1. Develop and understand the role and use of MSK ultrasound in the diagnosis and treatment of athletic and common musculoskeletal injuries.
2. Develop and understand current concepts in the diagnosis and treatment of concussion in the athletic population.
3. Develop and understand an appreciation for the importance of the advancement of research in the field of sports medicine in the osteopathic community.
4. Develop an appreciation for musculoskeletal injuries across a diverse array of athletics and athletic populations.
5. Understand the demands of diverse populations, including international sports medicine.
6. Understand the role sleep plays in everyday patients as well as elite athletes.
7. Develop strategies of performance enhancement in the athletic population.

AOASM Executive Committee

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First Vice President: Shawn Kerger, DO, FAOASM
Second Vice President: William Kuprevich, DO, FAOASM
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Justin Stumph
Melissa Tabor, DO, FAOASM
Ron Torrance II, DO
Priscilla Tu, DO, FAOASM

Registration

Registration will be located in the **Hayes Grand Ballroom Foyer (2nd Floor)** beginning on Tuesday, May 1, from 4:00 p.m. to 6:00 p.m. and will be open the following hours during the conference:

Wednesday, May 2	7:00 a.m.-5:30 p.m.
Thursday, May 3	7:00 a.m.-3:30 p.m.
Friday, May 4	7:30 a.m.-4:00 p.m.
Saturday, May 5	7:30 a.m.-12:00 noon

Registration includes:

- Admission to all conference educational sessions
- Daily light continental breakfast
- Refreshment breaks
- Welcome Reception (cash bar)
- Conference materials
- Access to the Exhibit Area
- Use of the AOASM OMT Room
- Up to 24.0 hours of Category 1-A CME credits
- Up to 2.0 hours of Category 2-B CME credits
- Up to 23.5 hours of BOC credits

Exhibit Hours and Information

The Clinical Conference Exhibits are located in the **Hayes Grand Ballroom DE (2nd Floor)**. Refreshment Breaks are scheduled in the Exhibit Area throughout the Conference during open hours. We would like to thank the companies that are exhibiting with us this year. Financial support received from the exhibitors allows the AOASM to offer a quality educational conference to our attendees. There is not a better time to see and compare suppliers for your clinic or facility than during the Clinical Conference this year. Plan to spend time looking over the products you are considering and the products you currently use.

The exhibits will be open on Wednesday, Thursday, and Friday during the following hours:

Wednesday, May 2	5:30 p.m.-7:00 p.m. <i>Welcome Reception</i>
Thursday, May 3	9:30 a.m.-4:15 p.m.
Friday, May 4	7:00 a.m.-10:30 a.m.

Poster Area Hours (Location: Hayes Grand Ballroom Foyer Area)

Wednesday, May 2	5:30 p.m.-7:00 p.m. <i>(Authors present to discuss presentations)</i>
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Note: The posters will remain available for viewing without authors until 10:30 a.m. on Friday, May 4.

Badges

Your badge will admit you to all the educational sessions, refreshment breaks, and the exhibit area during the Clinical Conference.

Please wear your badge at all times. Thank you!

AOASM Message Center

A message board will be set up in the AOASM registration area. Please check the board daily.

OMT Room

Throughout the conference, the OMT room will be available each day in the **Meeting Room 21 (2nd Floor)**. The area will have a few OMT tables for any attendee use throughout the conference. The hours are listed on the schedule-at-a-glance program.

AOASM Social Media

Don't forget to log on to AOASM social media networks this week to catch up with attendees, compete in the daily conference photo competitions, and comment about the conference! **#aoasm2018**

AOASM Twitter: <https://twitter.com/TheAOASM?lang=en>

AOASM Social Link (Members Only): http://www.aoasm.org/page/Social_Link

AOASM Facebook (Public Group): <https://www.facebook.com/American-Osteopathic-Academy-of-Sports-Medicine-194393877240953/>

AOASM Instagram: <https://www.instagram.com/theaoasm/?hl=en>

Zumba, Insanity, or Salsa Class Anyone?

Show off your moves with Zumba, go crazy with Insanity, or for something new try Salsa/Merengue dancing. Back by popular demand, the AOASM will be offering some fun and exciting exercise classes. Mark your schedule to join fellow attendees for a quick 30-45 minute exercise class this year. The classes are located in the **Meeting Room 31 (3rd Floor)**.

Class schedule:

- Insanity: Wednesday, May 2, 7:00 a.m. to 7:30 a.m.
- Salsa and Merengue Dance: Thursday, May 3, 7:00 a.m.-7:45 a.m.
- Zumba: Friday, May 4, 7:00 a.m.-7:30 a.m.

Insanity

Brought to you by Priscilla Tu, DO, FAOASM (Star Wars name: "P2"), Insanity is a series of high-intensity body-weight exercises designed to improve your cardiac fitness and conditioning. Get ready to dig deeper and push your limits!

Zumba

Led by P2 again, Zumba is a total workout, combining cardio, muscle conditioning, balance, and flexibility. Get ready to mix low-intensity with high-intensity moves for an interval-style dance fitness party!

Salsa and Merengue Dance

Francisco Laboy III, DO, will lead a dance class in which he'll take you from not only feeling good dancing, but to looking good doing it!

AOASM Private Exercise Area

The Renaissance Columbus Downtown Hotel has a fitness center located on the 4th floor of the hotel, open seven days a week, 24 hours a day, with your guest room key. New this year, the AOASM also has secured the **Pool Deck area (4th Floor) also known as Cityview Terrace** as another location for attendees to use on their own for yoga, Pilates, stretching, etc. The patio space is currently closed to all regular guests; however, AOASM attendees can use this additional space for their own exercise between 6:45 a.m.-8:00 a.m. during the Clinical Conference.

Welcome Reception

On Wednesday evening, May 2, from 5:30 p.m.-7:00 p.m., join your colleagues and visit the exhibitors, network, enjoy hors d'oeuvres and a cash bar, and attend a poster session while authors are present at their poster. The reception and events will be located in the **Hayes Grand Ballroom DE and Hayes Grand Ballroom Foyer area (2nd Floor)**.

The good times will be extended this year! Following the AOASM Welcome Reception, attendees are invited to attend an optional AOASM mixer for students, residents, fellows, and physician members right around the corner from the hotel at **Pins Mechanical Company (141 N 4th St., Columbus, OH 43215)**. Here you'll find a reserved AOASM-only area where attendees can continue to connect with old friends and make new ones. PMC has the best beers from the region and plenty of fun games to challenge you and your team's skills as the night goes on: foosball, pinball, duckpin, ping pong, and bocce. NOTE: Any beverages and food expenses will be on your own. See you there!

Shirt Swap Event

Have you ever wished you had a sports polo or T-shirt from your favorite team because you liked the colors, or wished your shirt looked different so you didn't wear the same thing every day? Then come join us on Thursday, May 3, from 10:00 a.m.-10:30 a.m. in the **AOASM Exhibit Hall, Hayes Grand Ballroom DE (2nd Floor)** for AOASM's second SHIRT SWAP!

HOW THIS WORKS: To participate in the swap, drop off a clean, unworn polo or T-shirt at the AOASM Registration Desk, between Tuesday, May 1, and Thursday, May 3 by 9:30 a.m. Meet at the AOASM Exhibit Booth at 10:00 a.m. to participate. (White Elephant Rules apply.)

The Russell M. Wright Memorial Keynote Lecture and Luncheon



The Russell M. Wright Memorial Keynote Lecture and Luncheon will be held on Thursday, May 3, 2018. The keynote luncheon will be located at The Renaissance Hotel, in the **Hayes Grand Ballroom A (2nd Floor)**. The guest speaker will be Chris Spielman, former All-American for The Ohio State Buckeyes and NFL football player, and current analyst for Fox Sports and Cancer Warrior. This keynote luncheon is scheduled from 12:00 noon to 1:30 p.m. This keynote lecture offers 0.50 Category 1-A CME credit hours. (Pre-registration and an additional fee of \$40 per person are required. Student/resident/fellow fee of \$20 per person is required.)

Chris Spielman is an All-Star linebacker from Massillon, Ohio. He was a two-time All American for The Ohio State Buckeyes. Chris played 11 years in the NFL for the Detroit Lions, Buffalo Bills, and Cleveland Browns. He represented the Detroit Lions in four Pro Bowls and was named the team's defensive MVP in 1993 and 1994. Chris was inducted into the College Football Hall of Fame in 2009.

Chris was a college football analyst with ESPN for 15 years, and in 2016 moved to Fox Sports as an NFL football analyst. He also hosts a new sports radio show, Spielman and Hooley Mornings, on iHeart Radio 105.7 The Zone. Chris continues the fight that he and his late wife Stefanie started together shortly after her first diagnosis of breast cancer. Over the years more than \$22 million has been raised for the Stefanie Spielman Fund for Breast Cancer Research and the Stefanie Spielman Patient Assistance Fund. Chris has four children and was remarried in 2013 to Carrie Yocom, who brought with her two more daughters. He found his biggest opponent to be off the field. Chris' life has order: faith, family, and community—and he lives it daily in that order.

AOASM Gives Back Challenge

The AOASM is pleased to have Chris Spielman as its 2018 Guest Keynote Speaker, and to Give Back this year to support the Stefanie Spielman Fund for Breast Cancer Research and the Stefanie Spielman Patient Assistance Fund at The Ohio State's Comprehensive Cancer Center - James Cancer Hospital and Solove Research Institute.

One hundred percent of the money donated at the AOASM 2018 Clinical Conference will go directly to these funds.

Join the AOASM Board of Directors in meeting the challenge of raising \$5,000 for breast cancer research and to help those cancer patients who are unable to afford the cost of treatment.

To donate today, you can go online to: <https://aoasm.site-ym.com/donations/donate.asp?id=16955> or make a donation at the AOASM Registration Desk. Thank you in advance for your donation!

AOASM Obstacle Course Running Fundraiser Event

Two years ago, President Bytomski "upped the ante" on our traditional 5K fun run in Tempe with a body-weight, calisthenics-based race. With Columbus being the home of the best CrossFit equipment supplier in the world, we are going to "see and raise" him by adding a true obstacle course in the middle of our fun run! Cargo nets, truck tires, and walls are only part of the challenge participants will face at Scioto Audubon Park. This park is open to the public, and participants of all skill and fitness levels will have a great time! The distance of the course will be reduced to 3K, as the obstacle course adds to the physicality of the run. **On Thursday, May 3, from 5:30 p.m.-7:30 p.m., AOASM will host the AOASM Obstacle Course Running Fundraiser Event. Participation is only \$20 for physician/allied health professionals, \$10 for fellow/resident, and free for students.** All proceeds will benefit the Stefanie Spielman Comprehensive Breast Center, affiliated with the James Cancer Center.

Attendees should meet in the **Hotel Main Entrance (Lobby)** between 5:00 p.m.-5:15 p.m. to walk with other fellow attendees to the **Scioto Audubon Park (400 W. Whittier St., Columbus, OH 43215)** and/or arrange your own transportation. (Parking is available at the park). Check-in with the Race Coordinators will be located in the park shelter anytime between 5:15 p.m.-5:40 p.m. Important race instructions will be given at 5:45 p.m., and a group picture will be taken. The race will start at 6:00 p.m. sharp. (We welcome all attendees and guests for the conference to pre-register for this event no later than 3:30 p.m. on May 3.) **For more obstacle course details, please go to: http://www.aoasm.org/?page=2018_OCR.**

Help Wanted! AOASM is looking for volunteers to help with this event. If you are interested in being a volunteer, stop by the AOASM Registration Desk to sign up, or fill out the volunteer form located on the AOASM OCR link above.

Not Racing? Still come to cheer on fellow AOASM participants and make a donation to this great cause via online or in person at the AOASM Registration Desk.

AOASM 2019 Planning Committee Meeting

Interested in volunteering for the 2019 AOASM Clinical Conference? Join Dr. William Kuprevich, Program Chair, and other fellow attendees on Friday, May 4, from 10:00 a.m.-10:30 a.m. in the **Meeting Room 22 (2nd Floor)** to discuss and brainstorm for the 2019 annual conference. See you there!

Fellowship Fair

Back by popular demand, this year the AOASM will be hosting a Fellowship Fair located in the **Hayes Grand Ballroom DE (2nd Floor)** during the afternoon refreshment break on Friday, May 4, 2:30 p.m. to 3:00 p.m., to give prospective students and residents a chance to interact with fellowship programs at the meeting. This will give both the directors and potential applicants a chance to interact and foster interest for everyone involved. Anyone is welcome to attend this event!

Student/Resident/Fellow Luncheon and Workshop

The annual AOASM-hosted student/resident/fellow luncheon will be held on Friday, May 4, from 12:00 noon to 1:30 p.m. in the **Hayes Grand Ballroom A (2nd Floor)**. Pre-registration is required and is offered only to students, residents, and fellows.

Later that afternoon, a student and resident/fellow workshop from 3:00 p.m.-5:00 p.m. located in the **Meeting Room 30 and Executive Meeting Room (3rd Floor)** that will take place with a strong line-up of lectures and panels. (These workshops are specifically geared for students/residents/fellows; however, anyone is welcome to attend.)

AOASM Award of Fellow Banquet Celebration

The AOASM Award of Fellow Banquet will be held on Friday, May 4, 2018, from 5:30 p.m.-8:30 p.m. Celebrate with the AOASM as we induct our new Fellows into the oldest primary care sports medicine academy in the country, with a formal banquet dinner starting at 6:00 p.m. Doors will open for the cash bar reception at 5:30 p.m. The Fellow Banquet celebration will be located in the **Hayes Grand Ballroom A (2nd Floor)**. The banquet will include dinner, Award Ceremony, AOA update, Induction of Officers, Mentor of the Year Award, and a cash bar. (Advance ticket purchase required.)

2018 FAOASM Inductees

Congratulations to the newest recipients of the distinguished AOASM Award of Fellow:

Clifford D. Stark, DO, FAOASM
Courtney Nolan, DO, FAAP, FAOASM
Daniel J. Cavallo, III, DO, FAOASM
Mark B.E. Rogers, DO, FAFPP, FAOASM
Michael R. Messmer, DO, FAOASM
Thomas A. Goodwin, DO, FAOASM

The AOASM "May the Fourth Be With You" Reception

Join fellow AOASM attendees on the **Cityview Terrace (4th Floor) Pool-Deck area** at the Renaissance Hotel for a fun reception to include a cash bar and appetizers to celebrate all things Star Wars! The event is on Friday, May 4, from 8:00 p.m. to 10:30 p.m. *New this year, it is optional to join in on the fun theme and wear your favorite T-shirt and/or dress the part as one of your favorite Star Wars characters!*

Cost of the event is \$20 per person. Guests are welcome to attend. (Pre-registration is suggested; however, on-site event registration will be available between 8:00 p.m.-9:15 p.m.)

On-Site AOASM Committee Meetings

The AOASM has set aside a meeting room available on a first-come, first-served basis for any AOASM Committees to set up an optional on-site committee meeting. Contact the **AOASM Registration Desk** for availability to sign up and coordinate the use of a meeting room on site.

Evaluation Form

Your meeting evaluation form is located at:

https://www.surveymonkey.com/r/AOASM_2018_Conference_Eval

Please take time to comment on the meeting. We listen to what you have to say, and we try to incorporate your comments and suggestions into future meetings. Please complete the evaluation form **before May 31, 2018**.

CME and CE Credit Requirements

The AOASM is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The AOASM designates this program for a maximum of **24.0** of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

CME Credits: To receive Category-1A CME Credits, you must complete a CME Reporting Form and turn it in to the AOASM. Attendees do not need to sign in for CME Credits.

CE (BOC) Credits: Please note that you must sign in every day at the AOASM Registration Desk to receive continuing education credit. A maximum of **23.5** BOC CE Credits can be earned. In addition, you must complete a BOC Reporting Form and turn it in to the AOASM. Please note all athletic trainers must self-report their own continuing education activity.

Meeting Space Internet

Complimentary WiFi is available throughout the AOASM Conference.

Wireless Network: Renaissance_CONFERENCE

Passcode: AOASM2018

SPECIAL THANKS

The AOASM would like to thank Sonosite Fuji Films for providing commercial support to the Pre-Conference Workshop and the Clinical Conference breakout sessions at this year's meeting.

Our sincere thanks also goes to the following people for their generous contributions to the AOASM 2018 Scholarship Fund. Your contributions allow AOASM to sponsor registrations for students who actively contribute to the association. (Donations received by April 23, 2018.)

Angela Cavanna, DO, FAOASM
Greg Cibor, DO, FAOASM
Daniel Clearfield, DO, FAOASM
R. Robert Franks Jr, DO, FAOASM
Barry Garcia, DO, FAOASM
Julian Gershon Jr., DO, FAOASM
Michelle Gilseman, DO, FAOASM
Shawn Kerger, DO, FAOASM
Albert Kozar, DO, FAOASM, R-MSK
William Kuprevich Jr, DO, FAOASM
Kathryn Lambert, DO, FAOASM
John Luksch, DO
Kate Quinn, DO
Audra Ramsey, DO
Linnette Sells, DO, FAOASM
Jason Smith, DO, FAOASM
Melissa Tabor, DO, FAOASM
Paul Tortland, DO, FAOASM
Sarah Turner, DO, CAQSM
Stephanie Yellin, DO

Future 2019 AOASM Meeting

May 1-5, 2019
Austin, Texas

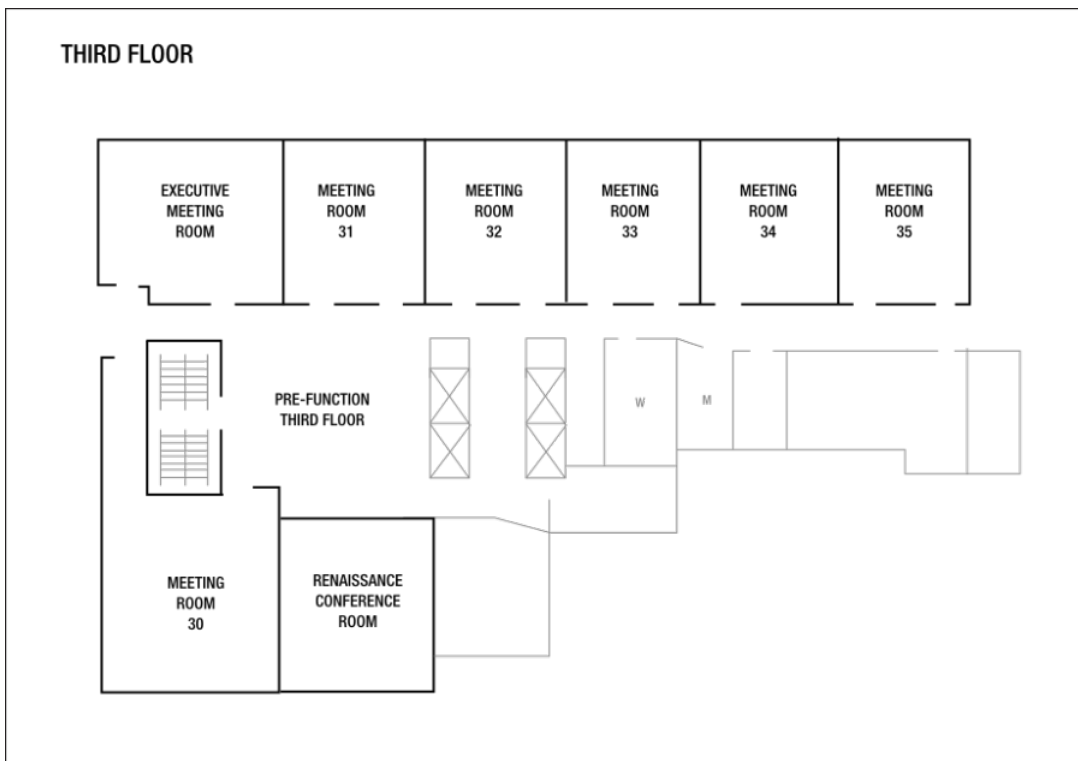
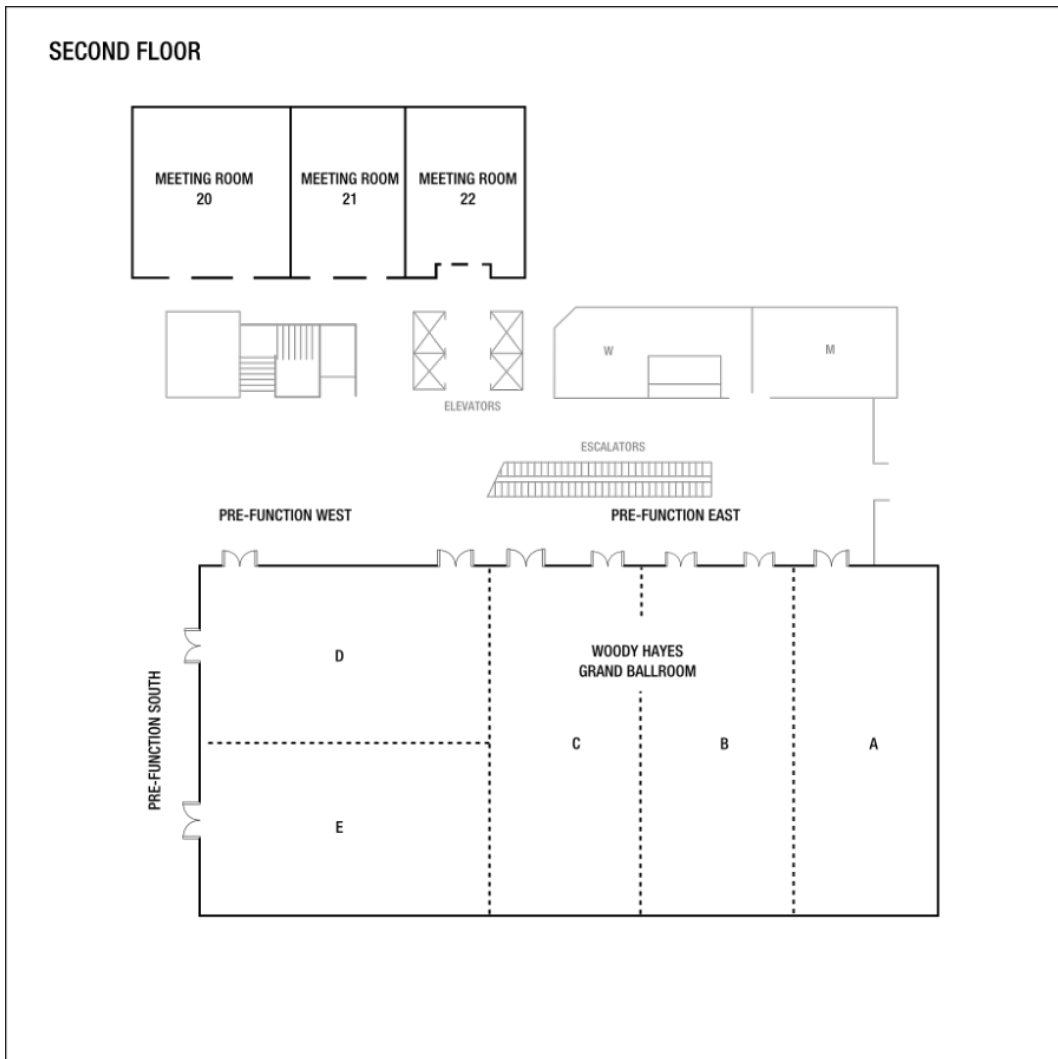
Hotel information will be announced late summer of 2018!

AOASM Contact Information

American Osteopathic Academy of Sports Medicine
2424 American Lane • Madison, WI 53704
Phone: 608-443-2477 • Fax: 608-443-2474 • Email: info@aoasm.org



Renaissance Columbus Downtown Hotel • Meeting Room Floor Plans



Schedule-at-a-Glance

Tuesday, May 1

4:00 p.m.-6:00 p.m.
Hayes Grand Ballroom Foyer
AOASM Registration Open

5:45 p.m.-9:00 p.m.
Meeting Room 22
AOASM Board of Directors Meeting

Wednesday, May 2

7:00 a.m.-5:30 p.m.
Hayes Grand Ballroom Foyer
AOASM Registration Open

7:00 a.m.-7:30 a.m.
Meeting Room 31
Insanity Fitness Class
Priscilla Tu, DO, FAOASM

7:15 a.m.-8:30 a.m.
Hayes Grand Ballroom A
Continental Breakfast

8:00 a.m.-12:00 noon
Hayes Grand Ballroom BC
Moderator: Daniel Day, DO, FAOASM
Distinctly Osteopathic Sports Medicine

8:00 a.m.-8:15 a.m.
AOASM President Welcome Remarks
Jeffrey R. Bytowski, DO, FAOASM
AOASM 2018 Program Chair Introductions
Shawn Kerger, DO, FAOASM

8:15 a.m.-9:00 a.m.
**Beyond Berlin: The Future of Concussion
Diagnosis and Management**
R. Robert Franks, DO, FAOASM

9:00 a.m.-9:30 a.m.
**Status Post Concussion: The Impact on
Motor Control**
Per Gunnar Brolinson, DO, FAOASM

9:30 a.m.-10:00 a.m.
**An Osteopathic Approach for the
Concussed Athlete**
Albert Kozar, DO, FAOASM, R-MSK

10:00 a.m.-10:15 a.m.
Hayes Grand Ballroom A
Refreshment Break

10:00 a.m.-7:30 p.m.
Meeting Room 21
OMT Room Open

10:15 a.m.-11:00 a.m.
CrossFit Injury and Prevention
Jason Dapore, DO

11:00 a.m.-11:30 a.m.
**Introduction to the Fascial Distortion
Model**
Todd Capistrant, DO

11:30 a.m.-12:00 noon
**ELDOA Method - Étirements Longitudinaux
avec Decoaptation OsteoArticulaire**
Brian Murer, DC, SMTh

12:00 noon-12:15 p.m.
AOASM Business Meeting
Jeffrey R. Bytowski, DO, FAOASM
Susan Rees, MS

12:15 p.m.-1:30 p.m.
Attendee Lunch (on your own)
Check out the hotel restaurant Latitude 41, a
Dean James Max destination restaurant, the
hotel lobby Bar 41, or the cash concession area
on site. Additional restaurants and fast food
options are within walking distance.

1:30 p.m.-3:15 p.m.
3:45 p.m.-5:30 p.m. (Session repeats)
Hayes Grand Ballroom BC
**Half-Day Concurrent Workshop:
OMT for Concussions**
Moderator: Thomas Goodwin, DO, FAOASM
Speaker: Albert Kozar, DO, FAOASM, R-MSK

1:30 p.m.-3:15 p.m.
3:45 p.m.-5:30 p.m. (Session repeats)
Executive Meeting Room
**Half-Day Concurrent Workshop:
Introduction to the Fascial Distortion Model**
Moderator: Brett Martin, DO
Speaker: Todd Capistrant, DO

1:30 p.m.-3:15 p.m.
3:45 p.m.-5:30 p.m. (Session repeats)
Meeting Room 30
**Half-Day Concurrent Workshop:
Introduction to Musculoskeletal Ultrasound
Student Lecture**
Moderator: Jason Smith, DO, FAOASM
Speakers: Ben Bring, DO; Jason Smith, DO,
FAOASM

1:30 p.m.-3:15 p.m.
3:45 p.m.-5:30 p.m. (Session repeats)
Meeting Room 20
**Half-Day Concurrent Workshop:
Introduction to ELDOA**
Moderator: Shawn Kerger, DO, FAOASM
Speaker: Brian Murer, DC, SMTh

3:15 p.m.-3:45 p.m.
Hayes Grand Ballroom A
Refreshment Break

5:30 p.m.-7:00 p.m.
Hayes Grand Ballroom BC
**Exhibitor Time
Welcome Reception (Cash Bar)**

5:30 p.m.-7:00 p.m.
Hayes Grand Ballroom Foyer
Moderator: Melissa Tabor, DO, FAOASM

Poster Session
(Authors will be present)

Poster Presenters:

1. Rebecca Bacharach, DO (case)
2. Steven Barrientos, DO (case)
3. Ethan Beaudett, DO (case)
4. Scott Biehl, DO (case)
5. Kiran Bojedla, DO (case)
6. James Cornwell, DO (case)
7. Jamie DelVecchio, DO (research)
8. Brandon Eck, DO (research)
9. Haremeet Ghai, DO (case)
10. Anthony Gross, DO (case)
11. Kevin Guzman (research)
12. Blossom Heindel, DO (case)
13. Cecil Hollen, DO (case)
14. Kyle Keane, DO (research)
15. David Leslie, DO (case)
16. Lauren Leslie, DO (case)
17. Wayne W. Li, DO (case)
18. Adrienne Coursey & Nicholas Puleo (case)
19. Brian Gottwalt (case)
20. Florian Capobianco, III & Tarek Almaleh (research)
21. Anthony McKeen, DO (research)
22. Devas Modi, BS (case)
23. John Morasso, DO (case)
24. Larry Nolan, DO (case)
25. Mohammed Qureshi, DO (case)
26. Anna Roman-Pleschko, BS, & Lailah Issac, DO (case)
27. Brandon Rysavy, DO (case)
28. Nicole Sabatina, DO, ATC (case)
29. Seth Schmoll, DO (case)
30. Seth Schmoll, DO (case)
31. Erin Shaffer, DO (case)
32. Brett Sprouse, DO (case)
33. Spencer Tingey, DO (case)
34. J. Drake Wakefield, BS (case)

**A special thank you to all our
poster judges this year.**

Thursday, May 3

7:00 a.m.-7:45 a.m.
Meeting Room 31
Salsa/Merengue Dance Class
Francisco Laboy, III, DO

7:15 a.m.-8:30 a.m.
Hayes Grand Ballroom A
Continental Breakfast

7:00 a.m.-3:30 p.m.
Hayes Grand Ballroom Foyer
AOASM Registration Open

Schedule-at-a-Glance

7:00 a.m.-6:00 p.m.
Meeting Room 21
OMT Room Open

8:00 a.m.-9:30 a.m.
Hayes Grand Ballroom BC
Moderator: Melissa Tabor, DO, FAOASM
Case and Research Podium Presentations

**Case Presentations
Podium Presenters:**

1. Benjamin Boswell, DO
2. Chris Huckle, DO
3. Sarah Decker, DO
4. Munif Hussain, MS, DO
5. Gillian Wooldridge, DO

**Research Presentations
Podium Presenters:**

1. Joshua Priddle, DO
2. Steven Zonner, DO

9:30 a.m.-10:00 a.m.
Hayes Grand Ballroom BC
Moderator: Ed Kornoelje, DO, FAOASM
Movement + Sport = Life

9:30 a.m.-10:00 a.m.
3DMAPS Introduction
Christina Richardson, DO

9:30 a.m.-4:15 p.m.
Hayes Grand Ballroom DE
Exhibit Area Open

10:00 a.m.-10:30 a.m.
Hayes Grand Ballroom DE
**Exhibitor Time
Refreshment Break**

10:30 a.m.-12:00 noon
Hayes Grand Ballroom BC
Moderator: Ed Kornoelje, DO, FAOASM
Movement + Sport = Life

10:30 a.m.-11:00 a.m.
**Allen Jacobs Memorial Lecture
Function of the Spine**
Rich Schuster, DO

11:00 a.m.-11:30 a.m.
Stem Cell Theories in Sports Medicine
Joe Ruane, DO

11:30 a.m.-12:00 noon
**Improving Acute Injury Outcomes with
Kinesiology Taping and Instrument
Assisted Soft Tissue Mobilization (IASTM)**
Abby Perrone, DC, CES, CFL-1

12:00 noon.-1:30 p.m.
**Russell M. Wright Memorial Keynote Lecture
and Luncheon**
Hayes Grand Ballroom A
Moderator: Shawn Kerger, DO, FAOASM
Keynote Guest Speaker: Chris Spielman
(Doors will open at 12:00 noon. Advance ticket purchase required.)

12:00 noon-1:30 p.m.
Attendee lunch (on your own)

12:00 noon-1:30 p.m.
Optional-AOASM Committee Meetings
(Contact the AOASM Registration Desk for use of meeting rooms on site.)

1:30 p.m.-3:00 p.m.
3:30 p.m.-5:00 p.m. (Session repeats)
Hayes Grand Ballroom BC
**Half-Day Concurrent Workshop:
Visceral Techniques for the Athlete**
Moderator: Shawn Kerger, DO, FAOASM
Speaker: Rich Schuster, DO

1:30 p.m.-3:00 p.m.
3:30 p.m.-5:00 p.m. (Session repeats)
Executive Meeting Room
**Half-Day Concurrent Workshop:
Improving Acute Injury Outcomes with
Kinesiology Taping and Instrument Assisted
Soft Tissue Mobilization**
Moderator: Ronald Torrance, II, DO
Speaker: Abby Perrone, DC, CES, CFL-1

1:30 p.m.-3:00 p.m.
3:30 p.m.-5:00 p.m. (Session repeats)
Meeting Room 30
**Half-Day Concurrent Workshop:
Sports Med OMM for Students**
Moderator: Glenn Chapman, DO
Speakers: Ben Bring, DO; Francisco Laboy, III, DO; Elan Goldwaser, DO; Daniel Clearfield, DO, FAOASM; Todd Dombroski, DO; and Rob Truax, DO

1:30 p.m.-4:00 p.m.
Meeting Room 20
**Half-Day Workshop:
3DMAPS: Anterior Chain Reaction**
Moderator: Michael Sampson, DO, FAOASM
Speaker: Christina Richardson, DO

3:00 p.m.-4:15 p.m.
Hayes Grand Ballroom DE
**Exhibitor Time
Refreshment Break**

5:30 p.m.-7:30 p.m.
Hotel Main Entrance (Lobby)
Scioto Park (Shelter)
**AOASM Obstacle Course Running
Fundraiser Event**
(Meet in the main entrance of the hotel lobby between 5:00 p.m.-5:15 p.m. to walk as a group, or arrange your own transportation to the park. Race participant check-in is available in the park shelter between 5:15 p.m.-5:40 p.m. Important race instructions and a group picture will be at 5:45 p.m. The Obstacle Race will kick off at 6:00 p.m. sharp! Advance registration requested by 3:00 p.m. on the day of the event.)

Friday, May 4

7:00 a.m.-7:30 a.m.
Meeting Room 31
Zumba Fitness Class
Priscilla Tu, DO, FAOASM

7:00 a.m.-8:30 a.m.
Hayes Grand Ballroom DE
**Continental Breakfast
Exhibitor Time**
(Please make time to visit and have breakfast with the exhibitors.)

7:00 a.m.-10:30 a.m.
Hayes Grand Ballroom DE
Exhibit Area Open
(Last day to visit the exhibitors!)

7:00 a.m.-6:00 p.m.
Meeting Room 21
OMT Room Open

7:30 a.m.-4:00 p.m.
Hayes Grand Ballroom Foyer
AOASM Registration Open

8:00 a.m.-10:00 a.m.
Hayes Grand Ballroom BC
Moderator: Greg Cibor, DO, FAOASM
The Next Steps...

8:00 a.m.-8:30 a.m.
**The Arnold Sports Festival: Covering the
World's Largest Multi-Sport Contest**
Brian Griffin, MD, DAAPM
Chairman, Arnold Classic Medical
Committee

8:30 a.m.-9:00 a.m.
**Sleep: The Missing Link for Optimal
Performance**
Cheri Mah, MS

9:00 a.m.-10:00 a.m.
**MASCAL Response: Lessons Learned From
Baghdad to Boston, MA**
Fred Brennan, DO, FAOASM
Warren Bodine, DO, FAOASM

Schedule-at-a-Glance

10:00 a.m.-10:30 a.m.
Hayes Grand Ballroom DE
Refreshment Break
(Last break time with the exhibitors. Please don't forget to stop by!)

10:00 a.m.-10:30 a.m.
Meeting Room 22
2019 Pre-Planning Committee Meeting
William Kuprevich, DO, FAOASM

10:30 a.m.-12:00 noon
Hayes Grand Ballroom BC
Moderator: Greg Cibor, DO, FAOASM
The Next Steps...

10:30 a.m.-11:00 a.m.
Ocular Injury in Sports
Rance McClain, DO, FAOASM

11:00 a.m.-12:00 noon
International Osteopathic Sports Medicine
Michele Gilsenan, DO, FAOASM
Kurt Heinking, DO
Bill Burke, DO

12:00 noon-12:15 p.m.
Case and Research Presentation Awards
Moderator: Melissa Tabor, DO, FAOASM

12:15 p.m.-1:30 p.m.
Attendee Lunch (on your own)

12:15 p.m.-1:30 p.m.
Optional-AOASM Committee Meetings
(Contact the AOASM Registration Desk for use of meeting rooms on site.)

12:15 p.m.-1:30 p.m.
Hayes Grand Ballroom A
Student/Resident/Fellow Luncheon
(Luncheon intended for student/resident/fellow attendees only. Advanced ticketed event.)

1:30 p.m.-2:30 p.m.
Hayes Grand Ballroom BC
Moderator: Daniel Clearfield, DO, FAOASM
The Next Steps...

2:30 p.m.-3:00 p.m.
Hayes Grand Ballroom DE
Fellowship Fair
(Anyone is welcome to attend this event.)
Refreshment Break

3:00 p.m.-5:00 p.m.
Meeting Room 30
Student Presentations and SAOASM Meeting
Moderators: Angela C. Cavanna, DO, FAOASM;
Kate Quinn, DO; Justin Stumph

3:00 p.m.-5:00 p.m.
Executive Meeting Room
Resident/Fellowship Panel
Moderators: Angela C. Cavanna, DO, FAOASM;
Kate Quinn, DO; Justin Stumph

3:00 p.m.-5:00 p.m.
Meeting Room 22
**Osteopathic Recognition Application:
Program Directors Workshop**
Moderators: Angela C. Cavanna, DO, FAOASM;
Mary Solomon, DO

3:00 p.m.-5:00 p.m.
Hayes Grand Ballroom BC
**AOA CO*RE REMS Course: Opioid Prescribing:
Safe Practice, Changing Lives**
Moderator: Daniel Clearfield, DO, FAOASM
James Preston, DO, FAODME, FAAHPM
AOA Guest Speaker

5:30 p.m.-8:30 p.m.
Award of Fellow Banquet Celebration

5:30 p.m.-6:00 p.m.
Hayes Grand Ballroom A
Cash Bar Reception

6:30 p.m.-8:30 p.m.
Hayes Grand Ballroom A
**Award of Fellow Banquet Dinner
AOA Update
Induction of Officers
Mentor of the Year Award
Fellow Award Ceremony
Cash Bar**
(Advance ticket purchase required.)

8:00 p.m.-10:30 p.m.
Cityview Terrace (4th Floor Pool-Deck)
AOASM May the Fourth Be With You Reception
(Advance ticket purchase requested; however, on-site registration will be available at the Pool-Deck from 8:00 p.m.-9:15 p.m.)

Saturday, May 5

7:15 a.m.-8:30 a.m.
Hayes Grand Ballroom A
Continental Breakfast

7:00 a.m.-10:30 a.m.
Meeting Room 21
OMT Room Open

7:30 a.m.-12:00 noon
Hayes Grand Ballroom Foyer
AOASM Registration Open

8:00 a.m.-10:00 a.m.
Hayes Grand Ballroom BC
Moderator: Shawn Kerger, DO, FAOASM
Current Topics in Sports Medicine

8:00 a.m.-9:00 a.m.
Athlete Well-being Protocols
Katie Hanna
Director of Education & Outreach for the
U.S. Center for SAFESPORT

9:00 a.m.-10:00 a.m.
**Sports Psychology Meets Medical Care:
Bogged Down, Burnt Out, and Bringing It**
Steve Graef, PhD

10:00 a.m.-10:15 a.m.
Hayes Grand Ballroom A
Refreshment Break

10:15 a.m.-12:00 noon
Hayes Grand Ballroom BC
Moderator: Shawn Kerger, DO, FAOASM
Current Topics in Sports Medicine

10:15 a.m.-10:45 a.m.
AOASM Jeopardy Session
Moderators: Mary Solomon, DO; and Kate
Quinn, DO
(Special thanks to our volunteers assisting this year.)

10:45 a.m.-11:45 a.m.
**Famous People with Diabetes: A Case Study
Exploring the Use of New and Emerging
Basal Insulins**
Joel Heidelbaugh, MD
France Foundation Guest Speaker

11:45 a.m.-12:00 noon
Closing Remarks
Shawn Kerger, DO, FAOASM

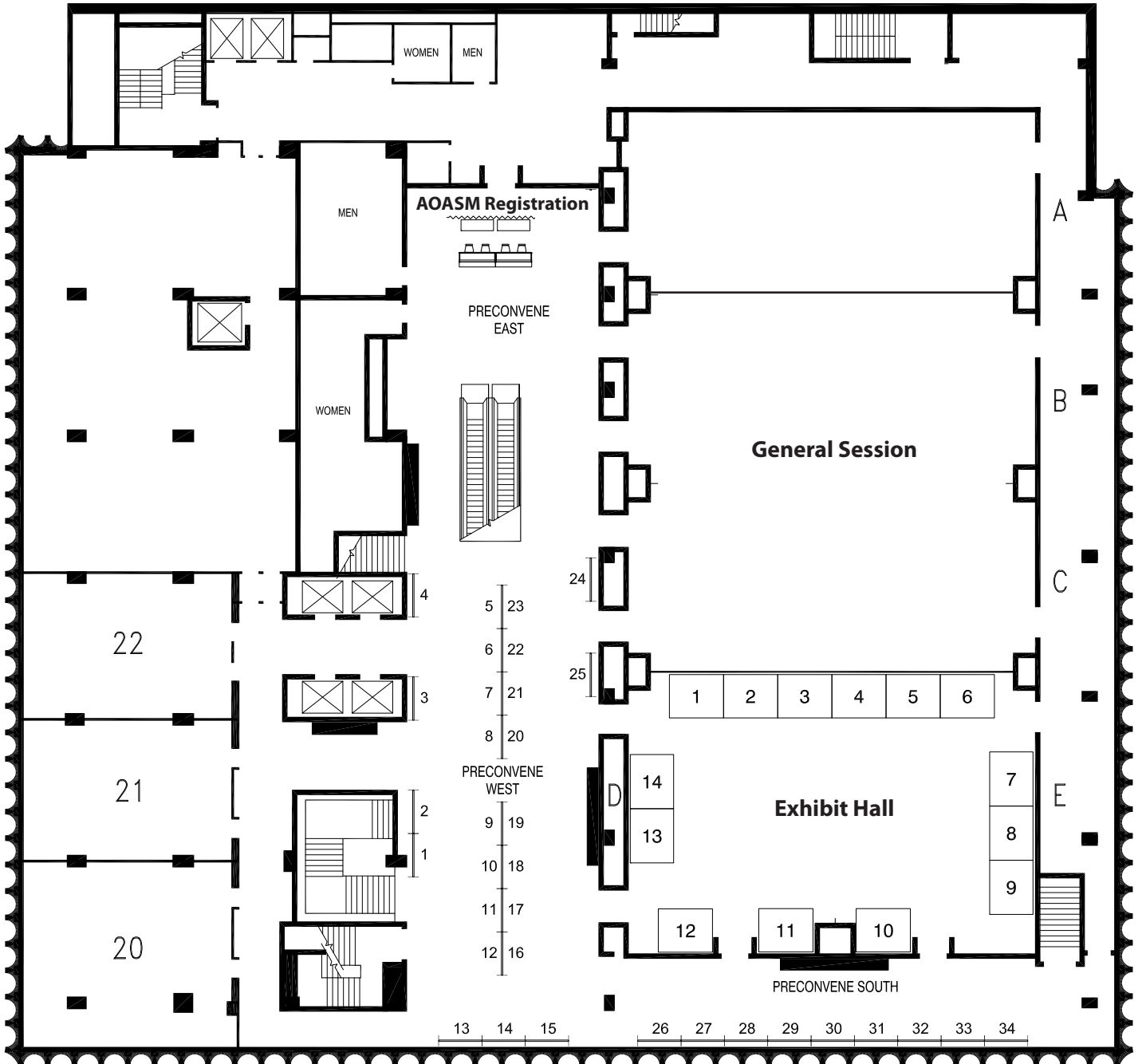
12:00 noon
Conference Adjourns



Renaissance Columbus Downtown Hotel

COLUMBUS, OHIO

2ND FLOOR



2018 AOASM Clinical Conference Exhibitors - May 2-4, 2018

The Exhibit Area is located in the **Hayes Grand Ballroom DE (2nd Floor)**.

Note that the refreshment breaks during the conference will be located in the exhibit area on Thursday, May 3, and Friday, May 4, during the exhibit hall's open hours.

Please plan time to stop by and visit with the exhibiting companies, which lend valuable financial support to the AOASM Conference.

AOASM - Booth #3

2424 American Lane
Madison, WI 53704
Phone: 608-443-2477
Fax: 608-443-2474
Email: info@aoasm.org
Website: www.aoasm.org

The AOASM is the oldest multi-specialty physician sports medicine society in the United States. AOASM Membership is comprised of family practitioners, orthopedists, internists, pediatricians, emergency medicine specialists, rehabilitation specialists, psychiatrists, etc.. The AOASM currently has over 400 members. Membership applications are available at the booth this week, or you can go online at: <https://www.aoasm.org/members-only/join-aoasm/>.

Back-A-Line - Booth #9

644 11th Ave.
San Francisco, CA 94118
Phone: 415-387-4082
Email: bill@backaline.com
Website: www.backaline.com

Manufacture Patented Back Supports, the Latest for Chronic Cases with Pain-Relieving Therapeutic Magnets. Both Versions minimize Postural Regression Between Treatments.

Ferring Pharmaceuticals, Inc. - Booth #14

100 Interpace Parkway
Parsippany, NJ 07054
Phone: 973-206-4483
Email: maura.lynych@ferring.com
Website: www.ferringusa.com

Ferring Pharmaceuticals is a research-driven biopharmaceutical company devoted to identifying, developing and marketing innovative products in the fields of orthopaedics, women's health, reproductive health, gastroenterology, urology and pediatric endocrinology. To view all of our US offerings, please visit www.ferringusa.com.

Flexible Footwear Co. - Booth #12

PO Box 185
Sigel, PA 15860
Phone: 814-752-2009
Fax: 814-752-2011
Website: www.flexiblefootwear.com

Flexible Footwear® If you believe the rules about neutral feet and flat shoes for running then you ABSOLUTELY must stop at Flexible Footwear's booth, because what about the hours when you are NOT running? And regardless, stop to discover cushioned barefoot gait.

Flexion Therapeutics - Booth #4

10 Mall Rd., Ste. 301
Burlington, MA 01803
Phone: 813-363-0904
Website: www.flexiontherapeutics.com

Flexion Therapeutics is a specialty pharmaceutical company focused on the development and commercialization of novel, local therapies beginning with ZILRETTA™ (triamcinolone acetonide extended-release injectable suspension). ZILRETTA™ employs proprietary microsphere technology combining triamcinolone acetonide – a commonly administered, short-acting corticosteroid – with a poly lactic-co-glycolic acid (PLGA) matrix.

FujiFilm Sonosite - Booth #1

21919 30th Drive SE
Bothell, WA 98021
Phone: 425-951-1200
Fax: 425-951-1201
Email: daniel.shelton@fujifilm.com
Website: www.sonosite.com

SonoSite helped pioneer the concept of portable, point-of-care ultrasound, and it continues to be a world-leading manufacturer and innovator of bedside ultrasound systems. For more information, go to: www.sonosite.com

HydroCision Inc. - Booth #5

267 Boston Rd., Ste. 28
North Billerica, MA 1862
Phone: 978-474-9300
Email: info@hydrocision.com
Website: www.tendonpain.com

TenJet is an ultrasound guided, percutaneous tenotomy and fasciotomy treatment to target the source of chronic tendon pain.

Organogenesis Surgical & Sports Medicine - Booth #8

2641 Rocky Ridge Lane
Birmingham, AL 35216
Phone: 800-824-9194
Email: zjones@organo.com
Website: www.nutechmedical.com

Organogenesis Surgical & Sports Medicine offers a portfolio of bioactive and acellular biomaterials products in advanced wound care and surgical biologics, including orthopedics and spine. Organogenesis's versatile portfolio is designed to treat a variety of patients with repair and regenerative needs.

OrthoNeuro - Booth #11

70 S. Clevelnad Ave.
Westerville, OH 43081
Phone: 614-839-2142
Website: www.orthoneuro.com

Multi-specialty group of board-certified physicians specializing in orthopedic surgery, spine surgery, neurology, podiatry, physical medicine & rehabilitation. Five main locations in Central Ohio. We offer walk-in appointments at our two orthopedic urgent care centers. Physical therapy services offered at four locations.

RegenMedix - Booth #10

3755 7th Terr., Ste. 102
Vero Beach, FL 32960
Phone: 772-257-6956
Email: jgriffeth@regenmedix.com
Website: www.regenmedix.com

RegenMedix partners with physicians to enable them to offer the highest quality regenerative medicine treatments to their patients. Regenmedix offers equipment, kits, and training.

RockTape, Inc. - Booth #7

1610 Dell Ave, Ste. S
Campbell, CA 95008
Phone: 408-912-7625
Email: hello@rocktape.com
Website: www.rocktape.com

We help athletes of every level go stronger, longer with the best kinesiology tape, cutting-edge education, and fitness support products.

SURGENEX - Booth #2

PO Box 4664
Scottsdale, AZ 85260
Phone: 877-880-1862
Email: lori.mazoff@surgenex.com
Website: www.surgenex.com

SURGENEX is the producer and distributor of the highest quality of amniotic membrane tissue allograft in the industry. Our products are used for a wide variety of clinical applications including pain management and wound care.

Tenex Health - Booth #13

26902 Vista Terrace
Lake Forest, CA 92630
Phone: 949-454-7500
Email: dfarley@tenexhealth.com,
ewhalen@tenexhealth.com
Website: www.tenexhealth.com

Tenex Health TX™ cuts and removes pathologic musculoskeletal tissue. It is specifically engineered to use ultrasonic energy and the innovative TX Micro Tip to target pain-causing tissue for precise cutting that removes only the degenerated tissue, leaving healthy tissue alone.