

AOASM 2021 VIRTUAL CONFERENCE

Friday, April 30

Time by Zone

1:00 p.m.-7:00 p.m. PT

2:00 p.m.-8:00 p.m. MT

3:00 p.m.-9:00 p.m. CT

4:00 p.m.-10:00 p.m. ET

Moderator: Blake Boggess, DO, FAOASM

3:00 p.m.-3:15 p.m. CT

President Welcome Remarks

William Kuprevich, DO, FAOASM

Program Chair Welcome Remarks

Blake Boggess, DO, FAOASM

3:15 p.m.-4:00 p.m. CT

Rusty Wright Memorial Keynote Speaker

USOPC Response to COVID-19 and Tokyo 2020

Preparations

Jon Finnoff, DO, Medical Director for the USOPC

Moderator: Jeffrey Bytomski, DO, FAOASM

Hot Topics in Sports Medicine

4:00 p.m.-4:30 p.m. CT

Allen Jacobs Memorial Featured Lecture

The Posterior Trigger Point

Albert Kozar, DO, FAOASM

4:30 p.m.-5:00 p.m. CT

Mental Health in Athletes

Jeanne Doperak, DO

5:00 p.m.-5:30 p.m. CT

Using Tech in the Clinic and Training Room

Brent Pickett, DO

5:30 p.m.-6:00 p.m. CT

COVID Cardiac Guidelines

Kim Harmon, MD

6:00 p.m.-6:15 p.m. CT

Virtual Break

Moderator: John Luksch, DO

6:15 p.m.-8:00 p.m. CT

Podium Presenter Case and Research Presentations

8:00 p.m.-9:00 p.m. CT

Mind, Body, & Spirits

Virtual Conference Reception

Moderator: R. Roberts Franks, DO, FAOASM

TODAY'S EXERCISE CHALLENGE:

Try something new today! Have you thought about checking out a new exercise online, trying a new routine, or changing up the scenery where you exercise? Today is the day! Have fun, work up a sweat, and share a picture or comment on today's exercise challenge to be entered into a drawing! Post to [#AOASM2021](#)! Participate daily in our Exercise Challenge to be entered into a raffle. One lucky poster each day will receive a fun gift!

Saturday, May 1

Time by Zone

7:00 a.m.-3:30 p.m. PT

8:00 a.m.-4:30 p.m. MT

9:00 a.m.-5:30 p.m. CT

10:00 a.m.-6:30 p.m. ET

Moderator: John Luksch, DO

9:00 a.m.-11:00 a.m. CT

Case and Research Abstract Poster Presentations

11:00 a.m.-11:15 a.m. CT

Virtual Break

Moderator: Rance McClain, DO, FAOASM

11:15 a.m.-11:30 a.m. CT

AOASM Business Meeting (Town Hall)

William Kuprevich, DO, FAOASM (President)

Susan Rees, MS (Executive Director)

11:30 a.m.-12:30 p.m. CT

Team USA - Olympic Sports Medicine Coverage & Performance

• Becca Rodriguez Regner, DO, FAOASM

• Brittani H. Cookinham, DPT, PT, ATC, LAT

• William Roundtree, MD

• Perry Williams, DC, DACBSP, USAW

12:30 p.m.-12:45 p.m. CT

Virtual Break

Moderator: Priscilla Tu, DO, FAOASM

Hot Topics in Sports Medicine

12:45 p.m.-1:15 p.m. CT

The COVID-19 Pandemic: Sports Medicine Updates

and My Experience with MLB

Angela Cavanna, DO, FAOASM

1:15 p.m.-1:45 p.m. CT

Care of the Pediatric Athlete

Alex Diamond, DO

1:45 p.m.-2:15 p.m. CT

Orthobiologics

Paul Tortland, DO, FAOASM

2:15 p.m.-2:45 p.m. CT

Athletes and the Arts

Steven Karageanes, DO, FAOASM

2:45 p.m.-3:00 p.m. CT

Virtual Break

3:00 p.m.-3:45 p.m. CT

Speed Mentoring

Moderator: Jason Smith, DO, FAOASM

3:45 p.m.-4:00 p.m. CT

Virtual Break

4:00 p.m.-5:30 p.m. CT

AOASM Virtual Fellowship Fair

Moderator: Kate Quinn, DO, FAOASM

TODAY'S EXERCISE CHALLENGE:

Don't forget to get in exercise today **On Your Own**, or check out our **On-Demand Exercise Video(s)** that will be located on the AOASM 2021 [Homepage](#). Reminder to post to social media [#AOASM2021](#)!

Sunday, May 2

Time by Zone

1:00 p.m.-6:00 p.m. PT

2:00 p.m.-7:00 p.m. MT

3:00 p.m.-8:00 p.m. CT

4:00 p.m.-9:00 p.m. ET

Moderator: Brett DeGooyer, DO

Business of Medicine

3:00 p.m.-3:45 p.m. CT

• **Passing of the Gavel: Outgoing and Incoming Presidential Addresses**

• **AOA Update**

Thomas Ely, DO

• **Case & Research Award Recognition**

3:45 p.m.-4:30 p.m. CT

Transgender Athletes, Obesity Bias and Ethics

Eric Friedman, MD

4:30 p.m.-5:00 p.m. CT

Financial Planning for Doctors and Healthcare Professionals

• Shane Williams

• Sean Mahoney

• Chris Tipper

5:00 p.m.-5:15 p.m. CT

Virtual Break

Moderator: Brett DeGooyer, DO

Business of Medicine

5:15 p.m.-6:15 p.m. CT

Steps to Starting a Cash-Based

Sports Medicine Practice

Daniel Clearfield, DO, FAOASM

6:15 p.m.-6:45 p.m. CT

Billing and Coding Update

Anthony Ceraulo, DO

6:45 p.m.-7:15 p.m. CT

Telehealth

Megan Wahl, ATC

7:15 p.m.-7:45 p.m. CT

Sports Medicine Physician Wellness

Neesheet Parikh, DO

7:45 p.m.-8:00 p.m. CT

Closing Remarks

Blake Boggess, DO, FAOASM

TODAY'S EXERCISE CHALLENGE:

Today's exercise challenge is to get outside and let's together participate in an asynchronous **Fun Run/Walk!** Reminder to post to social media [#AOASM2021](#) a picture or comment on how you met today's exercise challenge to be entered into a drawing! Last chance to post and win a fun gift!