



# AOASM at the OMED 2014 Convention

October 26 – October 28, 2014  
Seattle, Washington

*Sports Headlines from the Emerald City –  
Cloudy with a Chance of Salmon and Starbucks!*

Join fellow AOASM members at the upcoming Sports Medicine Symposium during the OMED 2014 Convention this fall. The AOASM will present cutting edge sports medicine topics relevant to physicians in all specialties in a program entitled “Sports Headlines from the Emerald City – Cloudy with a Chance of Salmon and Starbucks!” The program will provide diverse in-depth discussions highlighted by team physicians from the Seattle Seahawks and University of Washington Huskies. Topics include sudden death in athletes, health and wellness including practical nutrition and exercise advice, and exertional rhabdomyolysis. There will also be two special sections: musculoskeletal ultrasound and a joint section with the AAO involving kinesiotaping and restorative yoga for rehabilitation.



SUNDAY  
OCT26

10:00 a.m.-10:15 a.m.	Opening Remarks
10:15 a.m.-11:00 a.m.	Exertional Rhabdomyolysis
11:00 a.m.-11:45 a.m.	Rugby
11:45 a.m.-12:00 noon	Question and Answer
12:00 noon - 1:00 p.m.	Lunch
1:00 p.m.-1:30 p.m.	US Basics
1:30 p.m.-2:00 p.m.	Diagnostic Shoulder US
2:00 p.m.-2:30 p.m.	Diagnostic Elbow & Wrist US
2:30 p.m.-3:00 p.m.	Lower extremity US
3:00 p.m.-3:15 p.m.	Question and Answer
3:15 p.m.-3:30 p.m.	Break
3:30 p.m.-4:15 p.m.	PRP, Prolotherapy, & Stem Cell
4:15 p.m.-5:00 p.m.	Interventional US
	(cool & interesting cases)
5:00 p.m.-5:15 p.m.	Question and Answer

MONDAY  
OCT27

8:00 a.m.-8:30 a.m.	KINESIOTAPE
8:30 a.m.-9:00 a.m.	Lecture TBA & provided by AAO
9:00 a.m.-9:30 a.m.	Lecture TBA & provided by AAO
9:30 a.m.-9:45 a.m.	Lecture TBA & provided by AAO
9:45 a.m. - 10:30 a.m.	YOGA
10:30 a.m.-11:00 a.m.	Lecture TBA & provided by AAO
11:00 a.m.-11:30 a.m.	Lecture TBA & provided by AAO
11:30 a.m.-11:45 a.m.	Question and Answer
11:45 a.m.-1:30 p.m.	Lunch
1:30 p.m.-2:15 p.m.	Urticaria in Athletes
2:15 p.m.-3:00 p.m.	Dyspnea in Athletes
3:00 p.m.-3:15 p.m.	Break
3:15 p.m.-3:45 p.m.	ACL Prevention
3:45 p.m.-4:00 p.m.	Question and Answer
4:00 p.m.-4:45p.m.	Throwing Injuries
4:45 p.m.-5:30 p.m.	FAI/Athletic Pubalgia
5:30 p.m.-5:45 p.m.	Question and Answer

TUESDAY  
OCT28

8:00 a.m.-8:45a.m.	Environmental Illness
8:45a.m.-9:30a.m.	SCD in Athletes
9:30 a.m.-10:00 a.m.	ECG screen
10:00 a.m.-10:15 a.m.	Break
10:15 a.m.-11:00 a.m.	ECG Interpretation
11:00 a.m.-11:30 a.m.	SCT
11:30 a.m.-11:45 a.m.	Question and Answer
11:45 a.m.-1:00 p.m.	Lunch
1:00 p.m.-1:45 p.m.	Practical Nutrition
1:45 p.m.-2:30 p.m.	OMT
2:30 p.m.-2:45 p.m.	Break
2:45p.m.-3:30 p.m.	Fad Exercise programs
3:30 p.m.-4:15 p.m.	Injury Prevention/Functional PT
4:15 p.m.-5:00 p.m.	Performance Enhancers
5:00 p.m.-5:15 p.m.	Question and Answer