



# American Osteopathic Academy of Sports Medicine

# SIDELINES

## What's New in May 2022?

In the May 2022 edition of *Sidelines* you will find the following content:

- President's Message
- OMED 2022 Call for Abstracts
- National Athletic Trainers' Association Survey
- Featured Article from The DO
- Sports Medicine OCC Exam 2022
- Virtual Ringside Medicine Basics Course
- AMSSM and AOASM Case Studies 2nd Edition
- COVID-19 Update to PPE Forms
- SAOASM Update
- Featured Job Openings
- Journal Article Spotlight: *Clinical Journal of Sports Medicine*
- Journal Article Spotlight: *British Journal of Sports Medicine*
- COVID Corner



## President's Message Dr. Blake Boggess

I am grateful to serve as President of the AOASM this year. Many mentors from the AOASM have blessed my life and I hope to do the same for others. It is going to be an exciting year and I look forward to supporting you, our AOASM family.

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*CJSM Editor*

Andrew T. Still said, "To find health should be the object of the doctor. Anyone can find disease". I think this can apply to our outlook on life. Let's look and find the good in people and our surroundings instead of the pathology. There is so much negativity in the world today with comments, online posts, and harsh treatment of others. Let's be a force of good for our families, patients, and communities.

I think of the AOASM as a family of sports medicine physicians that want to do good and become better by our association with each other. COVID has separated us by "socially distancing" us from one another. Please invite a colleague to come and join us and be part of our family. The AOASM is big enough to make a difference, but small enough to care about you.

I look forward to serving you as President and seeing you at OMED in Boston, MA October 27-30, 2022, and our Annual Conference at the Disneyland Hotel in Anaheim, CA on April 26-29, 2023.

Sincerely,  
Blake

Blake Boggess, DO, FAOASM  
President  
American Osteopathic Academy of Sports Medicine

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**CALL FOR ALL ACCESS ARTICLES:** Interested in writing for Sidelines? Now's your chance! AOASM is looking for individuals to contribute to the All Access section of the monthly newsletter. Contact Ashley Haan ([ahaan@reesgroupinc.com](mailto:ahaan@reesgroupinc.com)) if you'd like to get involved!

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## **The American Osteopathic Association Announces the Call For Research Abstracts for the 2022 Osteopathic Medical Education Conference (OMED)**

### **Background:**

In 2020, due to the COVID-19 pandemic, the American Osteopathic Association (AOA) hosted the poster session/competition virtually so researchers would not miss their opportunity to disseminate their research to a broader audience. The success of the virtual poster session/competition has led to the continuation of this platform.

A virtual poster session's significant advantage is to provide individuals with the opportunity to present their research without the added stress of travel/lodging expenses and clearing their calendars.

### **Objective:**

The objective of AOA's virtual poster session/competition is to provide an opportunity for researchers, both new and mature, to disseminate their research to a broader audience.

The virtual poster session is an integral part of the Osteopathic Medical Education Conference (OMED) experience. Investigators interested in participating will submit an abstract of their research project. Approved abstracts are published in the online edition of the *Journal of Osteopathic Medicine (JOM)*.

The virtual poster session will include a student poster competition. Students who wish to take part in the competition must enter at the time of their abstract submission.

**Guidelines:**

Abstracts must be a clinical, basic science, health services, or public health studies and fall within one of the AOA research topic areas:

***Research Topic Areas***

- Chronic Diseases & Conditions
- Acute and Chronic Pain Management
- Impact of Osteopathic Manipulative Medicine (OMM) & Osteopathic Manipulative Treatment (OMT)
- Musculoskeletal Injuries and Prevention
- Osteopathic Philosophy
- Health Disparities/Social Determinants of Health

For additional information, please view the [Abstracts Eligibility and Instructions Document](#).

**Online Submission**

Now Open

**Submission Deadline**

Monday, July 11, 2022, at 11:59 p.m. CDT

If you have any questions, please contact Gloria Dillard, MPH, at (312) 202-8006 or email [gdillard@osteopathic.org](mailto:gdillard@osteopathic.org).

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## National Athletic Trainers' Association Survey



In celebration of the 50th anniversary of Title IX being signed into law, the National Athletic Trainers' Association has established a Title IX Taskforce to identify and create opportunities to celebrate 50 years of growth of equity within the Sports Medicine industry, as well as establish goals for continued progress towards promoting and advocating for gender equity in sports medicine.

The taskforce is inviting you to participate in this project by completing this 15 minute survey. Your responses will help formulate discussion points addressed in an upcoming public relations press conference with key industry organizations. Your responses are confidential and will only be shared in an aggregate format.

For questions, please contact Katie Scott at [katies@nata.org](mailto:katies@nata.org) or Robin Waxenberg at [robin@robwax.com](mailto:robin@robwax.com).

Take the  
Survey

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## Utah Passes Legislation to Provide Additional State Funding for GME Programs

Featured Article from *thedo.osteopathic.org*

The Utah State Legislature recently passed state graduate medical education (GME) legislation that will provide state funding to create new, and expand existing, medical residency programs in Utah. Spearheaded by John J. Dougherty, DO, founding Dean and Chief Academic Officer of the Noorda College of Osteopathic Medicine (Noorda-COM) in Provo, Utah, the legislation includes a provision to ensure that both DO and MD applicants are treated equally by programs that receive funding.

Read the Full  
Article

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## Are You Due to Recertify in Sports Medicine? Sports Medicine OCC Exam 2022

**Exam Date:** July 9-10, 2022

**Location:** Remote

**Application Period:** Feb. 1 – June 27, 2022

**First Application Deadline:** May 17, 2022 (\$800 exam fee)

**Final Application Deadline:** June 17, 2022 (\$800 exam fee + \$260 late fee – All required documentation must be uploaded by the late application deadline.)

Learn More and Apply  
Now



The Association of Ringside Physicians (ARP) is pleased to offer all current members of the American Osteopathic Academy of Sports Medicine ARP membership registration fees for their new **Virtual Ringside Medicine Basics Course**. The course began on February 17, and will have multiple sessions, 1-3 times a month, through July 2022.

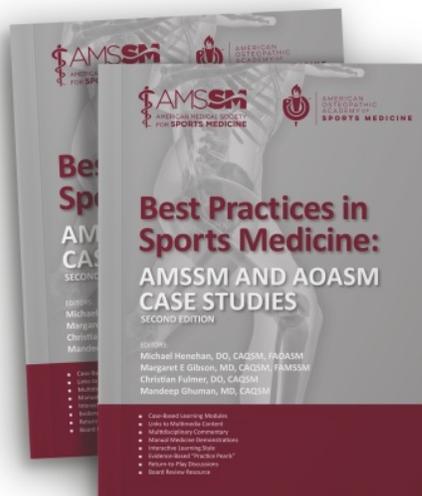
To take advantage of this discounted rate, contact AOASM at [info@aoasm.org](mailto:info@aoasm.org) to obtain the discount code.

**Can't attend a live session? NO PROBLEM!** Sessions will be available on demand shortly after each session is completed and will remain as enduring ringside medicine CME content for years to come. Registration is available at any time, and one does not need to be present for the live events to obtain CME.

This course is an all-encompassing class, focusing on the basics of ringside medicine and what the ringside physician needs to know. Commissions are encouraged to advertise this opportunity to newer ringside physicians. Ringside physicians can also use the course for certification exam review.

Registration and a [schedule](#) of events are available on the [ARP website](#). For additional information contact [info@aoasm.org](mailto:info@aoasm.org).

**NEW!!**  
**BEST PRACTICES IN SPORTS  
MEDICINE 2<sup>ND</sup> EDITION**  
A one-of-a-kind interactive resource,  
featuring almost 300 multimedia elements



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**Sports and Medical Organizations Encourage  
COVID-19 Vaccine Conversations Be Part  
of All Sports Physicals**

On August 5, the AOASM joined the sports and medical organizations responsible for the Preparticipation Physical Exam in supporting the following [statement](#) on athletes and the COVID-19 vaccination. The multi-organizational statement was released at the same time as the White House statement [COVID Vaccination in Athletes & Updated Interim Guidance on the Preparticipation Physical Examination during the SARS-CoV2 Pandemic](#). As part of this initiative, the PPE History and PPE Physical Examination Form were updated to include questions about COVID-19 vaccination status. Links to the updated copies of the PPE History Form, in both English and Spanish, and the Examination Form are included in this newsletter, and also posted to the [AOASM website](#).

[Examination Form](#)

[Medical Eligibility Form](#)

[PPE History Form \(English\)](#)

[PPE History Form \(Spanish\)](#)

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## SAOASM Update and Upcoming Events

Happy Graduation Month fourth-years, and congratulations on finishing another year to all other students,

We would like to congratulate the following chapters on receiving SAOASM Chapter Awards:

**2021-2022 SAOASM Chapter of the Year:** Midwestern University Chicago College of Osteopathic Medicine

**2021-2022 SAOASM Altruistic Chapter of the Year:** Texas College of Osteopathic Medicine

This month we elected our new Board for the 2022-2023 school year. Please help me congratulate the following people:

**National Student Chair:** Trent Griner

**National Student Vice Chair:** Cassidy Heitzmann

**Mid-Atlantic Regional Representative:** Annemarie Beran

**Midwest Regional Representative:** Brandon Wolters

**Central Regional Representative:** Ellie Rice

**Southeast Regional Representative:** Davis Ranburger

**Western Regional Representative:** Andrew Roush

We are still looking for a Northeast Regional Representative. Please reach out if you are interested.

I would like to thank all of the outgoing members of the SAOASM Executive Board who have helped us over this past year. We had a great and fun year! It was so nice to see some of you face to face at the conference in March and I hope to see you at next year's conference as well. Thank you so much for the opportunity to serve on the SAOASM Exec Board for the last three years, as Central Regional Representative, Vice Chair, and this past year as Chair. I have learned so much from these positions and made many

great friends and memories along the way. I look forward to finding ways to stay involved with AOASM as a resident. ~Cara Conrad, OMS-IV 2021-2022 National Student Chair

Thank you for a wonderful year!  
Cara & Trent

SAOASM Webpage

*If there is ever anything you would like to learn about or see happen through the SAOASM, please reach out to our Executive Board at [studentAOASM@gmail.com](mailto:studentAOASM@gmail.com).*

SAOASM Facebook Group

*We love hearing from you and providing you with the best opportunities to learn and have fun in sports medicine!*



CHOOSE  
AOA BOARD  
CERTIFICATION.

*I did.*

**Becca Rodriguez Regner, DO, FACP**

Team USA Physician Olympic Training Site  
Chula Vista, CA

AOA-board certified Family Medicine  
and Sports Medicine



## Featured Job Openings from the [AOASM Career Center](#)

- [Assistant Director of Olympic Sports Performance](#) in Evanston, Illinois
- [Walk-in Clinic Family Medicine/Primary Care Sports Medicine Physician](#) in Lancaster, Pennsylvania
- [Physical Therapist](#) in Texas (Multiple Locations)

### Journal Article Spotlight: *Clinical Journal of Sports Medicine*

*AOASM Position Statement on Esports, Active Video Gaming, and the Role of the Sports Medicine Physician*

Read the Full  
Article

### Journal Article Spotlight: *British Journal of Sports Medicine*

*Asia-Pacific Consensus Statement on integrated 24-hour activity guidelines for children and adolescents*

Read the Full  
Article

## COVID Corner

### *British Journal of Sports Medicine*

*COVID-19 Pandemic and Exercise (COPE) trial: a multigroup pragmatic randomised controlled trial examining*

### *British Journal of Sports Medicine*

*Is cardiac involvement prevalent in highly trained athletes after SARS-CoV-2 infection? A cardiac magnetic resonance*

*effects of app-based at-home exercise programs on depressive symptoms*

**Read the Full Article**

*study using sex-matched and age-matched controls*

**Read the Full Article**

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