



SIDELINES

What's New in July 2020!

In the July 2020 edition of Sidelines you will find the following content:

- **President's Letter: *Written by William Kuprevich, DO, FAOASM***
- **AOASM Virtual Conference Recordings available for Category 1-A CME**
- **SAOASM Update**
- **Featured Job Postings**
- **Journal Article Spotlight: *Clinical Journal of Sports Medicine***
- **Journal Article Spotlight: *British Journal of Sports Medicine***

From the President: William Kuprevich, DO, FAOASM

As July comes to a close and fall sports continue to have an uncertain future, I want us to remember our role as osteopathic sports medicine physicians. We are the resource of thoughtful, steady guidance for our families, staff, athletes, patients, coaches, school administrators, and, even ourselves.

This novel Coronavirus is only partly understood, but we are learning by keeping up to date on the vast volumes of increasing scientific data. Things change fast, and strategies adapt as we learn more. Our role as information providers is pivotal in helping all of us move ahead in spite of all the uncertainties.

The stress of COVID-19, social unrest, economics, and staying healthy weighs on all of us. Please make sure to take care of yourself and each other. It's important and a proactive refueling approach which will help you provide even better care of the many people who need you.

- The AOASM continues to work to support its members, fellows, and students.
- We are moving forward, planning a fall virtual lecture series.
- Our Diversity Committee is working on an action plan.
- OMED will be virtual and we will be there.
- The updated supplement of our Return-to-Training document is on our website and is referenced in the AOA Newsletter.

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- Congratulations to Thomas Ely, DO, recently installed as 124th AOA President.

Stay safe and take a few minutes for yourself.

Bill



AOASM Virtual Conference Recordings available for Category 1-A CME!

The following courses were recorded during the AOASM's Virtual Conference and are available now to earn 1-A CME credit:

- Sports Nutrition and Performance
- Sports Performance
- Podium Presenter Case and Research Presentations
- Osteopathic Treatment of the Runner's Pelvis
- Case and Research Abstract Poster Presentations
- Pain Management and Opioids: Balancing Risks and Benefits (AOA CO*RE)
- Female Athlete Mental Health
- Autism/Asperger's Disease in Ped Athletes
- Tx of Common Peroneal Nerve Entrapment with Neural Hydrodissection in Dancers
- Pinch Hitting in a Pandemic: From Sports Medicine to Public Health
- CAQSM: Exam Updates, Tips and Strategies

To register now and view the recorded Virtual Conference sessions for CME, follow these six simple steps:

1. [Register](#) and pay for the virtual conference. (AOASM members must be logged in to receive the member price.)
2. Within one business day, you will receive an email from info@aoasm.org with the log-in information needed to access the recordings.
3. [Log in](#) to the 2020 Virtual Conference videos. *(Please note that the password and username to access the recordings is different from your AOASM website log-in information!)*
4. Leave your name and a comment or question for each recording your review.
5. Complete the [CME reporting form](#) for recorded sessions.
6. AOASM will submit your hours to the AOA on your behalf.

Did you register for the LIVE Virtual Conference, but missed some sessions and would like to still earn those additional CME? Log in now to view the recorded sessions, and follow these four simple steps:

1. [Log in](#) and view the content for which you'd like to receive credit. *(Please note that the password and username to access the recordings is different from your AOASM website log-in information!)*

2. Leave your name and a comment or question for each recording your review.
3. Complete the [CME reporting form](#) for recorded sessions. (Please attest to only the recorded hours on this survey, if you already attested on a previous link of LIVE sessions attended as those were already reported to the AOA.)
4. AOASM will submit these additional hours to the AOA on your behalf.

[Click here](#) for the AOASM 2020 Virtual Conference speaker presentations slides via PDF for your reference.

You can earn up to 10 hours of Category 1-A CME credit for viewing these recordings and completing the CME reporting form, but only through December 31, 2020! After that date, the recordings will no longer be available for CME credit.

SAOASM Update

Hello SAOASM,

We hope you are all adjusting to your new school year well. While this year may look a little different, we hope your school's sports medicine clubs are able to encourage some new students to join and become members of SAOASM. Chapter presidents, please feel free to reach out to Dan and Cara at studentaoasm@gmail.com or your regional representative if you have any questions or need help with virtual event ideas this year. We are also starting to work on this year's webinar topics and would like input from you. Please take a few minutes to fill out this survey, [SAOASM Webinar Topics](#), so we know what you are most interested in hearing and learning about this year. There is also space at the bottom of the survey for you to put your own suggestions. Some current topic suggestions include, Recognizing Mental Health Referral Issues in Athletes, Team Physician Roles, Responsibilities, and Day-to-Day activities for NCAA Division I Athletics, Performing Arts Medicine, as well as many others. Check out the survey to see the other topics and tell us which ones you are most interested in!

Athletically,
Dan and Cara

SAOASM Webpage

If there is ever anything you would like to learn about or see happen through the SAOASM, please reach out to our Executive Board at studentAOASM@gmail.com

SAOASM Facebook Page

We love hearing from you and providing you with the best opportunities to learn and have fun in sports medicine!



Becca Rodriguez Regner, DO, FACFP
Team USA Physician Olympic Training Site
Chula Vista, CA
AOA-board certified Family Medicine
and Sports Medicine

Want to Be in the SAOASM Student Spotlight? Fill Out the Form Here!

Featured Job Openings from the [AOASM Career Center](#)

- [Sports Medicine Physician](#) in a sports medicine department with NCAA Division 1 coverage in central New York.
- [IM or FP with Sports Medicine Option](#) at a growing group practice in New York's Capital District.
- [FM, IM, Med-Ped, Sports, or Geriatric Faculty Physicians](#) at top Boston hospital in and around the North Shore.

Journal Article Spotlight: *Clinical Journal of Sports Medicine*

Consensus Recommendations on the Prehospital Care of the Injured Athlete With a Suspected Catastrophic Cervical Spine Injury

[Click Here for Full Article](#)

Journal Article Spotlight: *British Journal of Sports Medicine*

Patient-reported outcome measures for hip-related pain: a review of the available evidence and a consensus statement from the International Hip-related Pain Research Network, Zurich 2018

[Click Here for Full Article](#)

